

CIHS Course Syllabus

Course Name: Toward a Superconsciousness

Course Codes: PSY 504, 704. IH 680, 790. CRP 504, 704

Course Start Date: July 6, 2017

Course End Date: September 5, 2017

Meeting Time: 6pm – 10pm

Modality: On Campus and Online (Remote)

Instructor Information:

Name: Richard Jelusich, Ph.D.

Instructor contact: drjelusich@lightnews.org

Instructor Biography

Dr. Richard Jelusich is Lead Faculty and on the Board of Directors of CIHS. He was Dean of Administration at CIHS in 2006 and Program Director for the Human Science (Integral Health) and Life Physics programs. Richard Jelusich was one of the first students when CIHS opened its doors in 1992 and received his Ph.D. in Human Science in 1999. His research and dissertation was in frequency/octave related light and sound. For almost 30 years, he has been researching and teaching subjects on consciousness, Past Lives, Karma and Reincarnation, and especially the chakras. He has been teaching his own 2 ½ year course in 'Integrative Chakra Therapy™', whose foundation is in the understanding of the chakras, dominant chakra theory and their affect on the development of human character in a given lifetime. He has published two books on the chakras, a meditation CD on crystal bowls, and travels internationally to teach energy healing, workshops and lectures in consciousness development, and has a four times monthly radio show. His website is www.lightnews.org.

Instructor Availability

Online daily Monday-Friday. I generally check email at least once per day on weekdays. Therefore, you can usually expect a reply to an email within 24 hours. Email sent on Fridays, however, may not receive replies until the following Monday.

Where to Go for Class

On Campus Meetings: 7/6, 7/11, 8/3, 8/8, 8/22, 9/5

Online: All Classes on SKYPE or ZOOM: 7/6, 7/11, 7/19, 7/26, 8/3, 8/8, 8/16, 8/22, 8/29, 9/5 (for technical support on SKYPE or ZOOM connect with me before course start).

Technical Support

Hideki Baba will be happy to help if you are experiencing difficulties with Moodle. Hideki_Baba@cihs.edu or 760-634-1771

If you are having a specific issue you can often Google the question, and the answer will come up from the Internet. Many problems can be resolved by reviewing the Moodle guidelines that you were given.

Course Policies

Late Assignment Policy (can modify as you like but must be in here)

Late work is not accepted except in the case of **extenuating circumstances**. I reserve the right to determine what constitutes extenuating circumstances. If special accommodations need to be made, please speak to me in person or via email.

If I do not determine that they are truly extenuating circumstances, the late assignment grading is as follows:

- **Late assignment grading:** 10% will be deducted for each day an assignment is late and after 50%, the second day, the paper will no longer be accepted.

APA Requirement

All written work should be formatted as per APA 6th edition guidelines. Please refer to the CIHS Writing Guide for specific instructions or you can go to www.apastyle.org.

All documents are to be typed, proofed for grammar and spelling errors, Times New Roman 12 pt. font, double-spaced, and prepared in the APA format. Required page or word length does not include the cover page or reference page – so a minimum three-page paper would be a total of five pages including the cover page and reference page.

APA Publication Manual: Students should use the *Publication Manual for the American Psychological Association (6th Edition)* or the *Concise Rules of APA Style (6th Edition)*.

References: You will need to reference your materials in the body of the paper, using APA format.

Undergraduates: 3-4 typed pages, double-spaced (APA style). Minimum 2 references.

Masters students: 5-6 typed pages, double-spaced (APA style). Minimum 3 peer-reviewed references. Demonstrate *significant* understanding of how the course material is relevant theoretically and/or through practical application.

Ph.D. students: 6-7 typed pages, double-spaced (APA style). Minimum 4 peer reviewed references. Demonstrate *comprehensive* understanding of how the course material is relevant theoretically and through practical application.

Participation 35% Includes attendance and participation in discussions	Breakdown of points each week, 3 weekly
Assignments – 7 weekly assignments, 5 points each = 35%	Initial post minimum of 200 words and responses need to be substantive.
Draft Paper 15%	
Final Research Paper 25%	

For BA students: a 5-7 page APA research paper that utilizes two outside sources and the textbook

For MA students: a 7-10 -page paper that specifically utilizes at least 4 peer-reviewed research journals along with the text and demonstrates significant understanding of how the course material is relevant theoretically and/or through practical.

For PhD students: a 10-15-page research paper that demonstrates comprehensive theoretical and practical understanding of said course topic and utilizes 5 or 6 peer reviewed research journals along with the course texts.

REQUIRED GRADING RUBRICS FOR PAPERS

For a paper that requires personal reflection, the following shall be used:

**Critical engagement with course material and scholarly references
50/100 points.**

**Personal engagement with material/ integrative understanding 35/100
points**

Coherency/APA/standard English 15/100 points.

For research or scholarly papers that allow for no subjective reflection and only critical analysis and synthesis of the material, the following rubric shall be used:

**Critical engagement with course material and scholarly references
including critical analysis and synthesis 75/100 points.**

Coherency/APA/standard English 15/100 points.

Note from CIHS:

If a student chooses to go outside of the assignment guidelines, he/she may receive a marked grade reduction and/or no credit for the assignment.

Part of the task of becoming an academically proficient reader and writer is to condense and refine your arguments. Thus, if your instructor states that your assignment is 8-10 pages, you must make your assignment 8-10 pages, not 15. The task as a student is to rework your research to ensure your paper is within the guidelines of the assignment.

All papers must be APA formatted with a proper title and reference page.

Plagiarism:

Plagiarism is using someone else's work as your own. Plagiarism means using another person's writing, words, ideas, research, graphics, programs, music, pictures, data, and/or other creative expression without giving the other person full credit.

Students must enclose another person's words in quotation marks, cite the appropriate source(s), and give citations when using the ideas of another person, even if those ideas are paraphrased. Any time information from a source is used, it must be cited.

Plagiarism and Academic Integrity:

CIHS maintains a strict Academic Dishonesty Policy. Plagiarism will not be tolerated. Plagiarism may result in an 'F' on an assignment and/or, depending on the severity,

generate an Academic Dishonesty report that goes in the student's permanent file. Such a report places the student on academic probation.

Plagiarism and the Internet:

The Internet has become a very popular resource for information for student assignments. The same rules regarding plagiarism apply to resources found on the internet as do to a printed source: when a student refers to work, writing, words, ideas, and the like or quotes from an internet site, he or she must cite that source. Many of the same rules apply when using visual information from an internet site; the source of the visual information or graphic must be cited.

Useful Strategies to Avoid Plagiarizing Another Person's Work:

If words, sentences, phrases, and the like are copied from a text, put what is copied in quotation marks. This is especially important when taking notes.

When paraphrasing, do not just rearrange or change a few words. A useful technique is:

1. Read the area to be paraphrased carefully;
2. Cover up the text or close the book or computer page so the words cannot be seen;
3. Write out the idea in your own words without referring back to the words
4. Check the attempt at paraphrasing against the original text to be sure the same phrases or words have not been used and that the information is accurate.

At times students accused of plagiarism claim that their plagiarism occurred without their knowledge or intent. Since ignorance of this fundamental rule is not a reasonable defense, it is best to become thoroughly familiar with the various ways in which plagiarism can occur and how to avoid plagiarizing someone's work. If there are any doubts or questions, take the responsibility to ask the instructor for clarification.

Special Needs:

If you have special needs (such as a learning disability), please discuss this with the instructor early in the term so that proper accommodations can be made.

Feedback:

Dr. Goldsby will provide written feedback on assignments and other measures of proficiency within one week of submission.

Grading Scale:

90 – 100 points: A
 80 – 89 points: B
 70 – 79 points: C
 60 – 69 points: D
 50 – 59 points: F

Assignments: (7 @ 5pts each): 35
Part I Paper:
'Draft Superconsciousness' 15
Part II Paper:
Final Research Paper 20
Participation/Dialectic
 (10 @ 3 pts each): 30
Total: 100

Student Privacy & Moodle:

Students may turn in their assignments on Moodle. *Please note:* students may be able to view other students' papers and assignments on Moodle. Thus, if the student prefers to email their work to Dr. Jelusich directly drjelusich@lightnews.org, this is perfectly acceptable, as long as it is arranged with Dr. Jelusich prior to the assignment's due date.

Course Texts/Materials:

Motoyama, Hiroshi (1990). *Toward a Superconsciousness. Meditational Theory and Practice*

Motoyama, Hiroshi (2006). *Varieties of Mystical Experience – Path to Self Realization*

Optional Course Texts:

Jelusich, Richard (2004). *Eye of the Lotus; Psychology of the Chakras*

Atkinson, Robert (2017). *The Story of Our Time*

Optional Course Videos:

The Yogis of Tibet (You Tube)

David Wilcock – Source Field Investigations (You Tube)

David Wilcock – The Synchronicity Key (You Tube)

Walter Cruttenden – The Great Year (DVD)

Note:

Dr. Jelusich will provide students with occasional articles, either via Moodle or email.

Overview of Course

What is Superconsciousness? What does that state of consciousness represent and why is it desirable to attain? If one attains a superconscious state, how does one relate it to another? Can the butterfly explain its being to the caterpillar. This course examines that state of higher consciousness attributed to higher dimensional awakening of the chakras including its affect to the individual themselves and to all their related

connections (karmas) in a lifetime.

We will discuss the philosophy, psychology, physiology and parapsychology of higher states of consciousness, along with experiential breathing and meditation exercises.

Scope of course

Included in the course will be discussion of two of Dr. Hiroshi Motoyama texts, "Toward a Superconsciousness" and "Varieties of Mystical Experience". Emphasis on the actual experiential conditions achieved in superconscious states at different dimensional levels in the latter text will be discussed.

Included will be presentation, discussion on the chakras, the human biofield (Chakras, Shushumna, Ida/Pingala, and:

- An understanding of "The Whole Human Being" (mind/body/spirit)
- Dimensional Levels of Awareness – Physical/Astral/Causal
- Astrolarcheology – past civilizations and unity consciousness. Those that have come this way before
- The Mayan Calendar – the only calendar based on consciousness
- The Yugas – 26,000 year cycles of consciousness and the era now
- Psychoacoustics – Brainwave Entrainment Techniques
- Discussion on Representation Through Relationship as a tool for aligning the subtle energy of the chakras to those of great spiritual teachers
- Experiential Exercises in breathing, meditation and concentration

Dialectic; our ability to discuss and offer opinions about superconscious states, will be an important element of this course toward your integration and understanding of Superconsciousness.

The course content will evolve and may shift slightly, as I will help conform the teachings to the students' needs.

Learning Objectives

- An appreciation for those who have come this way before, and the states of consciousness they have received
- Academic and integrative awareness of Superconsciousness as it relates to the spiritual nature of "The Whole Human Being".
- Subtle energy research and consciousness studies revealing the interconnectedness of all things

- A greater understanding of the chakra system as centers of consciousness, and of the true human biofield
- Increased awareness due to subtle and gentle stimulation of the student's inner guidance and chakras in "the safety way" (Dr. Hiroshi Motoyama)

ASSIGNMENTS	Points
<p>Week One: July 6 <u>On Campus</u> (all also on SKYPE/ZOOM) Topics: Toward a Superconsciousness Participation: Dialectic Readings: Motoyama, Toward a Superconsciousness. Page 1 - 80 Discussion: Introductions, Course Outline and Readings Exercises: Experiential Meditation <u>Assignments Due this Week & Due Dates:</u> To be issued.</p>	3
<p>Week Two: July 11, <u>On Campus and Online</u> Participation: Dialectic Readings: Motoyama, Toward a Superconsciousness. Page 81 - 144 Discussion: Approaching Concentration, Meditation and Samadhi Exercises: Experiential Meditation and Breathing <u>Assignments Due this Week & Due Dates:</u> To be issued.</p>	3 5
<p>Week Three: July 19 <u>Online</u> (Remote) Participation: Dialectic Readings: Motoyama, Varieties of Mystical Experience. Page 1 - 90 Discussion: Varieties Exercises: Experiential Meditation and Breathing <u>Assignments Due this Week & Due Dates:</u> To be issued.</p>	3 5
<p>Week Four: July 26 <u>Online</u> (Remote) Participation: Dialectic Readings: Motoyama, Varieties of Mystical Experience. Page 91 - 171 Discussion: Varieties Exercises: Experiential Meditation and Breathing <u>Assignments Due this Week & Due Dates:</u> To be issued.</p>	3 5

<p>Week Five: August 3 – <u>On Campus and Online</u> Participation: Dialectic Readings: Motoyama, Varieties of Mystical Experience. Page 177 - 264 Discussion: Varieties Exercises: Experiential Meditation and Breathing Discuss 1st Draft of Paper <u>Assignments Due this Week & Due Dates:</u> To be issued.</p>	<p>3</p> <p>5</p>
<p>Week Six: August 8, <u>On Campus and Online</u> Participation: Dialectic Readings: Motoyama, Varieties of Mystical Experience. Page 265 - 355 Discussion: Varieties Exercises: Experiential Meditation and Breathing Discuss 1st Draft of Paper <u>Assignments Due this Week & Due Dates:</u> To be issued.</p>	<p>3</p> <p>5</p>
<p>Week Seven: August 16, <u>Online (Remote)</u> Participation: Dialectic Readings: Motoyama, Varieties of Mystical Experience. Page 265 - 355 Discussion: Varieties Exercises: Experiential Meditation and Breathing DUE: 1st DRAFT of Paper <u>Assignments Due this Week & Due Dates:</u> To be issued. Discuss: Final Paper</p>	<p>3</p> <p>15</p>
<p>Week Eight: August 22, <u>On Campus and Online</u> Participation: Dialectic Readings: Atkinson – The Story of Our Time. Page 1 - 92 Discussion: Duality to Oneness Exercises: Experiential Meditation and Breathing <u>Assignments Due this Week & Due Dates:</u> To be issued.</p>	<p>3</p> <p>5</p>
<p>Week Nine: August 29 – <u>Online (Remote)</u> Participation: Dialectic Readings: Atkinson – The Story of Our Time. Page 93 - 158 Discussion: Duality to Oneness Exercises: Experiential Meditation and Breathing <u>Assignments Due this Week & Due Dates:</u> Discuss Final Paper</p>	<p>3</p> <p>5</p>

Week Ten: September 5, <u>On Campus and Online</u> Participation: Dialectic Readings: None Discussion: Entire Course Exercises: Experiential Meditation and Breathing <u>Assignments Due this Week & Due Date</u> FINAL PAPER	3 20
Total of All Assignments	100