



light news
self-empower and discover our multidimensional reality

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COURSE OUTLINE

INTEGRATIVE CHAKRA THERAPY®



Trust what you feel; apply what you know

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APPROVED
Training Provider
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for Complementary Therapists

INTRODCUTION TO INTEGRATIVE CHAKRA THERAPY®

Thank you for your interest in Integrative Chakra Therapy® (ICT), formerly known as Spiritual Healers' Training for the Whole Human Being! This is an 18-Level healing course and a journey that blends philosophy, techniques and experiential spiritual healing into a beautiful unfolding of your own awareness.

The basic format of each weekend workshop is the same:

- 10:00 a.m. – 4:30 p.m. or later.
- Syllabus of each level with Outline, Topic, Discussion and Exercises.
- Two hours or more of lecture with PowerPoint presentation, plus questions and answers, all recorded live for every student.
- Break for Lunch.
- Afternoon experiential healing work with fellow students, starting with Level One. After Level 6, you may invite outside individuals to experience Chakra Energy Work/Healing in the afternoons.

Premise: This course is not just for those who wish to learn Integrative Chakra Therapy®, but for those who wish to continue their personal spiritual development. You are learning ICT which will include and enhance your pranic, radiatory, telepathic and magnetic healing abilities naturally. ICT is not limited to time or space, because students are working at the level of the chakras where the whole human being emanates his/her individuation into this dimension. Therefore, this is the most powerful and fundamental healing that I know of because it works on the level of consciousness and affects the four archetypes of the whole human being: mental, physical, emotional and spiritual.

Students are taught how to use their chakras to observe the **“Whole Human Being”** (mental, physical, emotional and spiritual aspects of the individual), to make assessments and to allow healing energy to flow through them. As the students use their chakras, they become stronger and stimulated and eventually awakened. Students learn more than the philosophy and techniques of this powerful healing and undergo their own **inner transformation**. As students apply healing, balance and support to others, the work helps to heal, balance, and support their own physical, mental, emotional and spiritual development.



Course instruction includes the latest studies on Biofield Science, Energy Psychology, Quantum Physics and Toroidal Energy Fields.

The Goal of ICT is to help you become a self-empowered, self-realized individual who is spiritually aware; an independent thinker emancipated from the illusion of separation from the Oneness in which we all live.

This training will awaken and strengthen your higher sense perceptions as well as your healing abilities and as a result some of your “stuff” will inevitably come up. These levels will cause fundamental core-shifts to happen within you as you infuse more of your **Soul-Quality** into your waking consciousness. Some levels may be difficult to assimilate and take time to integrate, so listening to your lecture recordings is helpful for the process. Practicing with fellow students is a **required** component and essential to integrate the levels taught as a base for Dr. Jelusich’s more evolved teachings.

ICT Training is not for everyone, but is for those who truly desire to become spiritually stronger, more grounded, and for effective facilitation of healing in themselves and others. Dr. Jelusich will teach philosophy, science, cosmology and the esoterics of human evolution of consciousness, while providing intellectual balance to the experiential spiritual training you will do at each level. All healing boils down to one thing only:

“Healing is overcoming any illusion that separates you from the oneness in which you already live.”
~ Dr. R. Jelusich

18 LEVELS of Integrative Chakra Therapy® (ICT) Training

Introduction to Integrative Chakra Therapy®: Pre-requisite to all other Levels. Certificate is provided upon completion.

1. **Basics of ICT Training** - Fundamentals of Chakra Balancing, Subtle Energy Healing and Philosophy of Human Nature. The three states of healing: biochemical, electromagnetic, quantum (spiritual). Experiential Training practices begin the first afternoon of ICT Training and continues every afternoon of ICT Training throughout the program.
2. **Biofields** - The Human Aura. Experiential exercises in detecting and working with the auric field. You will learn how to contour over the several energy fields, discerning and detecting inconsistencies, tears, strengths and weaknesses. Included will be a discussion on Biofield Science and Energy Psychology.
3. **Full Weekend: Anatomy of the Chakras** - The fundamental understanding of the chakra system as they emanate our Soul Quality into this dimension, into our waking personality, and how they affect the mental, physical, spiritual and emotional states of being. This is the key Level for the entire ICT Training for the Whole Human Being program. Most people have one dominant chakra that affects their basic disposition towards life, thus also depicting the path of most of their life's lessons according to the specific dominant chakra.



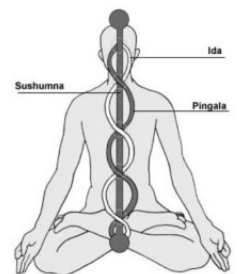
To continue with Level 4 – Individuals MUST be a registered and have completed Levels 1 – 3

4. **Quantitative vs. Qualitative Reality** – Your Chi and Kundalini potential will develop naturally as a result of your spiritual training. Qualitative Healing addresses emanations of soul consciousness through the chakra system to the personality. Qualitative healing awakens pranic, radiatory, telepathic and magnetic abilities, affecting the whole human being. Integrative Chakra Therapy® is **not** mental focus! It is a state of being (qualitative), brought through the power of the will through the vulnerability of the feelings that transcends the mental state by choosing that qualitative state of awareness of being that IS.
5. **Advanced Chakras** - Continued focus on the dominant chakra of individuals, and how this affects their life choices and relationships, with emphasis on the relationships:
 - Chakric Relationships: how we take an energetic relationship to each other
 - The Three “Rs”: The Law of Reciprocity, Representation Through Relationship, and Reference Chakras
6. **Protection vs. Availability** - This workshop covers the essence of the Feminine Principle: how to yield instead of push. In this workshop you will learn:
 - Availability vs. Protection
 - Yielding instead of pushing
 - The Feminine Principle
 - How to avoid taking on the energies of another person
7. **Out of Body Healing and Distance Healing** - In this workshop you will learn why and how it may be necessary to take someone “out of their body” in order to do energy work with them, and how it benefits the healing process. You will also learn about distance healing and sensing, and how to work on individuals at a distance.



Integrative Chakra Therapy® (ICT) Training

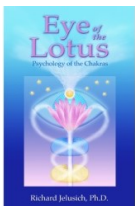
8. **Spiritual Laws** - Understanding spiritual laws is essential for the true spiritual healer to be not only effective, but in right-action (Dharma) when doing healing work. There are many spiritual laws; we focus on those which pertain to your utmost effectiveness as a healer, thus improving the quality of your own life, whether you do healing work or not.
9. **Ethics in Healing** - At this point in ICT Training, it is important to reemphasize the spiritual laws governing appropriate healing and to speak of the ethics required of the truly adept healer. Doing this work correctly creates fundamental paradigm shifts in the healers themselves as they live and apply the philosophy and esoteric techniques of ICT. In this workshop, you will learn when it is and is not appropriate to heal, why that is so, and the differences between personal and non-personal healing. Discussion will include Disclosure and Confidentiality, plus Guidelines and Laws of the Land.
10. **Attachments Part I** – (Points of Possession) Tube attachments are energetic connections between people and are mostly benign. However, some are debilitating energy-drainers that can seriously affect the mental, emotional, physical and spiritual aspects of a person's life-path. Some people can suffer for many years without relief because they do not know nor understand the metaphysical origins of their suffering. You will learn how to discern tube attachments, how to remove them, and how to do post-removal clearing.
11. **Attachments Part II** – (Points of Possession) There are astral levels of interaction with humans that can drain energy and be debilitating. In this level, we continue to learn how to discern the presence of this energy and how each type affects an individual. You will learn removal techniques, along with post-removal clearing.
12. **Axialtonal Alignment** - Chakras, among the many dimensions, can be likened to the holes in sheets of binder paper. The pre-punched paper sheets must all be aligned in order to easily be set into a binder; the chakras when aligned among the dimensions, flow energetically most effectively. In this workshop you will learn how to align each chakra along its axis of function, along with aligning all the main chakras.
13. **Working with Infants, Children, and Seniors** - Doing energy work on infants, children and seniors requires some differences in techniques and a few more subtleties. In this level, Dr. Jelusich teaches the philosophy, techniques and considerations of working in the four archetypes on infants, children and seniors. Much information on Indigo Children will be presented.
14. **The Shushumna** - The main column of light that radiates up and down through the spinal column, through the lenses of the chakras is called the Shushumna. In this workshop, you will learn about the Shushumna, how it works, its pulse, how to tonify its activity; and about the Ida and the Pingala, the "twin serpents" that weave up and down the spine in their energetic helixes.
15. **Activation Meditation** - It is only at this advanced point in the workshops when students are trained enough that they are allowed to learn and use (begin to fully understand) the activation meditation prayer that people see Dr. Jelusich doing in workshops and at Flower Readings. The Activation Meditation is taught at a late stage in the ICT Training program because Dr. Jelusich wishes to see that his students have grown in understanding and are prepared for the clarity and connection the meditation provides.



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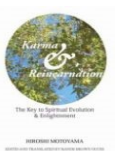
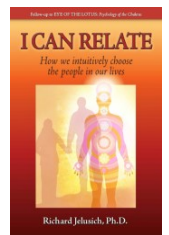
- 16. Soul Infusion Technique** - When healers are spiritually ready, they will infuse a little of their soul quality into their personality. This workshop discusses the philosophy behind this way of looking at our true nature. Students are taught how to work with the 8th and 7th chakra centers to help the soul-infusion process, how to bring the soul quality into physical reality, and how to ground and complete the healing process.
- 17. Mediumship and Channeling** - Mediumship is that ability to contact disincarnated human beings who have recently made their transition. The value of Mediumship is beyond the contact itself in the fact that when done, the contacted souls can learn from the healers as much as they themselves offer in the process of communication across dimensions. It is also important for students to know about authentic Channeling. Dr. Jelusich will do a live demonstration (transmission) of Channeling for his students. There will be a discussion of the perceptions of the students, including the safety and clarity of such transmissions.
- 18. Full Weekend: Karma & Reincarnation** - We are the accumulation of many lifetimes, and their effects are locked into our four archetypal energies: mental, physical, emotional, and spiritual. We emanate the characteristics of our past life influences on many levels affecting our daily consciousness. Dr. Jelusich will give a lecture encompassing Past Lives, Karma and Reincarnation and the basis in understanding who we are, including the Karma we incarnate with, levels of karma, healing techniques, and more. Reincarnation will be discussed with regard to the attributes and skill sets we are born with that most closely associate us with the lessons we have to learn in each life.

Required Reading Textbooks: The following three books are required reading for the ICT Training for the Whole Human Being program. Dr. Jelusich's books will be delivered when registration for Level 3 is received. Dr. Motoyama's books will be delivered prior to Level 7.



- ***Eye of the Lotus, Psychology of the Chakras***, Richard Jelusich, Ph.D.
ISBN 0-940985-76-4, Lotus Press, Twin Lakes, WI. **Must be read before taking Level 3.**

- ***I Can Relate, How we intuitively relate to people in our lives***, Richard Jelusich, Ph.D.
ISBN 978-0-9818634-0-5, Light News Publishing, 2008 **Must be read before taking Level 5.**



- ***Karma and Reincarnation***, Hiroshi Motoyama, Ph.D., Ph.D.
Available at www.cihs.edu or 760-634-1771. **Must be read before taking Level 18.**

Remember the Feminine Principle:

First, Breath In... then, Breath Out.
The tide comes in... the tide goes out.
Realization... Manifestation.
Open your sails.
Make small course corrections.
Give yourself permission to be great.
A little oil always sticks to the funnel.

Integrative Chakra Therapy® (ICT) Training

Recommended Reading:

- ❖ ***Meridian and Ki Exercises***, Hiroshi Motoyama, Ph.D., Ph.D.
- ❖ ***Varieties of Mystical Experience***, Hiroshi Motoyama, Ph.D., Ph.D.
- ❖ ***Awakening of the Chakras and Emancipation***, Hiroshi Motoyama, Ph.D., Ph.D.
ISBN: 4-87960-708-8, Human Science Press, Tokyo, Japan
- ❖ ***Theories of the Chakras***, Hiroshi Motoyama, Ph.D., Ph.D. ISBN: 0-8356-0551-5
- ❖ ***Toward the Superconsciousness***, Hiroshi Motoyama, Ph.D., Ph.D.
- ❖ ***Vibrational Medicine***, Richard Gerber, M.D., ISBN: 0-939680-46-7
- ❖ ***The Source Field Investigations***, David Wilcock, ISBN: 0-452297-97-4
- ❖ ***The Aquarian Gospel of Jesus the Christ***, Levi H. Dowling ISBN: 0-932813-41-0
http://therealpublicradio.net/pdf_files/The_Original_Gospel.pdf

* Dr. Motoyama's books are available at the California Institute for Human Science www.cihs.edu, 760-634-1771.

Outcomes of Integrative Chakra Therapy® (ICT) Training:

In practicing safe and effective techniques of energy analysis and healing, the student/practitioner benefits in becoming more whole and complete themselves. These workshops are constructed:

- ❖ **To** assist in the development and application of subtle energy healing abilities through the understanding and application of metaphysical laws that help to heal the whole individual at the soul level.
- ❖ **To** engage in safe, effective healing techniques through experiential training and to shift core consciousness of the individual.
- ❖ **To** experience the synergy of fellowship/shared purpose, the safety and acceptance of like-minded spiritual community working with your fellow healers both in class and in regular practice groups.
- ❖ **To** give an understanding of the anatomy and psychology of chakra function, how they affect the whole human being, including practical techniques for advancing chakra strength and stability.

Through experiencing true holistic healing, individuals lead more productive and meaningful lives.

Final Note from Dr. J:

Dear ICT Students,

I am here for you. At times you may feel you're "not getting it" or "it's way over your head." Please stick with it; ask me lots of questions and practice. That's how we learn and grow. Over two years, your core essence will go through a fundamental shift of awareness. My goal is to have every student exceed all my teachings.

