



light news
self-empower and discover our multidimensional reality

REGISTRATION PACKET

INTEGRATIVE CHAKRA

THERAPY®

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Subtle Energy Training for the Whole Human Being

Topic	Page
Introduction	2
Taking the Levels	3
Daily Format	5
Registration is Required	6
Payment Plan / Type	7
Graduation Requirements.....	8
Application (Resume & Essay Guidelines).....	10
Registration Form	11
Student and Volunteer Release Forms.....	12



APPROVED
Training Provider
Approved by the International Institute
for Complementary Therapists

Subtle Energy Training for the Whole Human Being

Thank you for your interest in Integrative Chakra Therapy® (ICT), formerly known as Spiritual Healers' Training for the Whole Human Being! ICT is taught in both Canada: Northern Light News Inc. and the U.S.A. Light News Institute Inc. referred to as "Light News". This is an 18-Level healing course and a journey that blends philosophy, techniques and experiential Chakra Balancing and Spiritual Energy Medicine Healing into a beautiful unfolding of your own awareness.

The basic format of each weekend workshop is the same:

- 10:00 a.m. – 5:30 p.m.
- Syllabus of each level with Outline, Topic, Discussion and Exercises.
- Two hours or more of lecture with PowerPoint presentation, plus questions and answers, all recorded live for every student.
- Break for Lunch. (one hour)
- Afternoon experiential healing work with fellow students, starting with Level One. After Level 6, you may invite outside individuals to experience Chakra Energy Work/Healing in the afternoon

Premise: This course is not just for those who wish to learn **Chakra Balancing and Spiritual Healing**, but for those who wish to continue their personal spiritual development. You are learning Chakra Balancing and Spiritual Energy Medicine Healing which will include and enhance your pranic, radiatory, telepathic and magnetic healing abilities naturally. ICT is not limited to time or space, because students are working at the level of the chakras where the whole human being emanates his/her individuation into this dimension. Therefore, this is the most powerful and fundamental healing that I know of because it works on the level of consciousness and affects the four archetypes: mental, physical, emotional and spiritual.

Students are taught how to use their chakras to observe the "**Whole Human Being**" (mental, physical, emotional and spiritual aspects of the individual), to make assessments and to allow healing energy to flow through them. As the students use their chakras, they become stronger, stimulated and eventually awakened. Students learn more than the philosophy and techniques of this powerful healing and undergo their own **inner transformation**. As students apply healing, balance and support to others, the work helps to heal, balance, and support their own physical, mental, emotional and spiritual development.

Course instruction includes reference to the latest studies on Biofield Science, Energy Medicine and Energy Psychology, Quantum Physics and Toroidal Energy Fields.

The Goal of Integrative Chakra Therapy® for the Whole Human Being is to help you become a self-empowered, self-realized individual; a spiritually aware independent thinker; emancipated from the illusion of separation from the Oneness in which we live.



Integrative Chakra Therapy®

Subtle Energy Training for the Whole Human Being

This training will awaken and strengthen your higher sense perceptions as well as your healing abilities and as a result some of your “stuff” will inevitably come up. These levels will cause fundamental core-shifts to happen within you as you infuse more of your **Soul-Quality** into your waking consciousness. Some levels may be challenging to assimilate and take time to integrate, so listening to your lecture recordings and engaging in frequent practicum is helpful for the process. Practicing with fellow students is a **required** component and essential to integrate the levels taught as a base for Dr. Jelusich’s more evolved teachings.

Integrative Chakra Therapy® is not for everyone, but is for those who truly desire to become spiritually stronger, more grounded, and for effective facilitation of healing in themselves and others. This course teaches philosophy, science, cosmology and the esoterics of human evolution of consciousness, while providing intellectual and scientific balance to the experiential spiritual training you will do at each level. All healing boils down to one thing only:



*“Healing is overcoming any illusion that separates you
from the oneness in which you already live.”*

~ Dr. R. Jelusich

Taking the levels: In order to obtain a Certificate of Completion, you must complete all 18 levels of the Integrative Chakra Therapy® training. Some levels may be audited by special permission and interview with the Instructor.

Each student must attend a minimum of three **Practice Sessions** per month (9 hours) to be recorded in their Practice Log. Each session must be under the guidance of your instructor, a Qualified Graduate or Student Teacher as selected by your instructor or Dr. Jelusich. These practice sessions include discussions of class information and How To’s to improve your techniques and skills.



Each student must complete the **Reflective Practice Assignments** for each level of training and deliver to the Instructor via email, drop-box or regular post prior to the next level of training. Note: every practice session provides opportunity for questions to be answered regarding these reports and a practice session is ideal for writing the assignments.

There are two Integrative Chakra Therapy® levels taught in each training weekend; with the exception of Level 3 and Level 18 which each require a full weekend for training. Some levels are about the philosophy of healing and some are about techniques. Dr. Jelusich (currently lead faculty and Chair of the Board of Directors at the California Institute for Human Science) has included the teaching of some science in the course, aiding students to be current with both esoteric and practical applications of Chakra Balancing and Spiritual Energy Medicine Healing and its effects.

Integrative Chakra Therapy®

Subtle Energy Training for the Whole Human Being

Integrative Chakra Therapy® (ICT) Students are taught two important phases of healing work:

1. **The Healing Work itself** - Students are taught what Subtle Energy, Chakra Balancing and Spiritual Energy Medicine Healing really are, how they work, how to use them, how to create a safe environment, and how to use their own chakras to view the character of the person they are working with.
2. **The Story** - Students are taught how to interpret their intuitive impressions when working with clients in order to *tell the story* of what the healing is, what caused the problem in the first place, and what to do about it. Students are encouraged to continue to develop their abilities to deeply understand the healing power that is flowing through them, and to be able to articulate the exact mental, physical, spiritual and emotional condition of the client.

“While you are working with someone, your instructor is working energetically/ spiritually with you, making adjustments to your chakras, energy field, grounding, etc. Much energy is being moved in these workshops, and it is expected that students will have unique experiences and reactions while learning healing techniques.

Your instructor creates a safe and loving atmosphere for the work and their students. Students learn in an experiential, hands-on environment. Workshops are taught and recorded with a topic lecture on methods, techniques and philosophy followed by hands-on or hands-off active healing practice under your instructor’s direct supervision.”
Students-in-training learn about their true multidimensional nature and philosophy of one-ness.

It is strongly suggested that students take it easy and rest after each level. Most people and many students do not understand energy work, so they can get tired and some of their “stuff” can come up after a weekend of training. This is normal. Many students are now *taking Monday off* after the weekend training. It is good to get rest in the day following classes in order to process the integration of what you have learned and experienced.

These teachings can bring up some of the students’ “stuff” simply because the students are now using, awakening and developing strength in their chakras while observing the condition of others’ mental, physical, emotional, and spiritual states. While developing themselves spiritually, students are presented with their own issues and karma (along with their increased abilities to deal with releasing their karma) much faster.

Your greatest success is achieved when you trust with your heart first, then use your mind.



Integrative Chakra Therapy®

Subtle Energy Training for the Whole Human Being

Daily Format of In-Person/Blended Training Levels:

- **9:00-9:50 a.m. Signing in required for each training level**
 - Collect the syllabus for that day's training level.
 - A binder is supplied for storing your syllabi and other materials with the registration of your first weekend (Level 3). The syllabus for each level covers the main points and exercises, and a list of recommended readings.
 - If you have not pre-paid, payment is due and will be accepted Saturday morning from 9-9:45 a.m.
- **10 a.m. ICT Training** begins and is completed around 5:30 p.m. (occasionally later).
- **A Guided Meditation** begins each day's workshop, **promptly at 10 a.m.** **Note: Doors are closed for Meditation**
- **Lecture:** Two hours or more of lecture follows the meditation with a PowerPoint presentation. Files will either be placed on your personal flash drive or sent via DropBox or MP3 files end of day, Sunday. **NOTE:** All your questions and answers are recorded live for students to review.
- **Break for lunch:** Students may bring a lunch or dine out as time permits (usually 60-90 minutes).
- **2:00/ 2:30 p.m. Experiential Healing:** Even at Level 1, you will be up and doing healing work. Your Instructor will be working (making energetic adjustments) on all the healers as they work on the people on the tables.
 - Most students highly underestimate subtle energy healing, so please get adequate rest, drink water, and follow your own spiritual practices after healing workshops. If possible take Monday off to rest.
 - Levels 1-5 you practice with your fellow healers. After Level 6, you are encouraged to invite people to come for a healing experience. Students will do the experiential healing (practicum) and then discuss the healing work with the volunteer after each round of healing. There are usually 3 to 4, 15-minute rounds per afternoon.
- **End of Class:** The recording of your classes will be sent to you via Dropbox. Your instructor covers some deeply esoteric teachings that you can absorb more fully over time by listening to them again quietly at your leisure.
- **Massage Tables.** We use massage tables for the comfort of the person being worked on. The rule of thumb is one massage table for every four students (one person on the table, 3 or 4 healers). It would be helpful if you have a massage table and could bring it. Please call or email and let us know, so we can coordinate having enough tables.

Integrative Chakra Therapy®

Subtle Energy Training for the Whole Human Being

Registration is Required

- Registration materials and instructions are on pages 8-10 of this packet.



- ❖ **Prerequisite 'Introduction to Integrative Chakra Therapy' Levels 1 & 2** offered throughout the year in various locations.
- ❖ **For the remaining Levels 3 - 19: Each student must have completed the following:**
 1. Application/ Registration Form (see page 7)
 2. Brief essay about your spiritual beliefs and reasons for taking the program.
 3. Resume Including: information on your (1) Education, (2) Profession, and (3) Spiritual training or Beliefs.
- ❖ Students can take Module 1: Levels 1 - 3, and have a grounded understanding of the Human Biofield and Chakras
- ❖ Students can take Module 2: Levels 4 - 9, and will have a solid understanding of Energy Medicine using Chakras and the Human Biofield (May be taken within two years of levels 1 -3 without reviewing the first 3 levels)
- ❖ Students completing Modules 3 & 4: Levels 10-18, will have a solid understanding and awareness of the character of the "human spiritual nature" and a grounded understanding of the science of metaphysics.
- ❖ Advanced Training Modules include; Level 19: Transitions where students learn how to work with souls transitioning from this incarnation, and their remaining loved ones; Teacher Training, where students apprentice and learn to become an instructor of Integrative Chakra Therapy® and become certified to teach the course.
- ❖ **The Two Paths to Graduation:**
 - **Non-Certified** "Certificate of Completion" Those who do not wish to be certified practitioners and have completed levels 9 - 18 will receive a certificate of completion and will understand all aspects of Dr. Jelusich's Integrative Chakra Therapy® course to implement in daily life. * Although practice logs and reflective practice assignments are not required for a certificate of completion it is highly recommended that students participate in writing and recording these logs as it will help you greatly in your growth and awareness throughout the course.
 - **Certified** "Certified ICT Practitioner" Those who wish to use the course in a clinical setting will have completed *reflective practice logs, practicum, tests and assignments*. These logs and assignments are to be delivered to Dr. Jelusich or your ICT instructor for review. Upon completing the requirements for certification, you will receive a certificate as an ICT Practitioner.
 - **Should a student drop out of ICT** and wish to return, they can do so if they have not been away from the course for more than 1 yr. and must provide proof of practice. Upon the discretion of the instructor, students may be asked to audit the classes they have already taken.

Integrative Chakra Therapy®

Subtle Energy Training for the Whole Human Being

Non-refundable Registration Processing Fee: of \$100 US (\$100 CAD plus GST). Once registration has been received, Light News will ship the required reading materials: *Eye of the Lotus* and *I Can Relate* along with confirmed acceptance to the program. If you already own these two books a credit of \$50.00 will be placed on file for your first training weekend.

- ❖ Should a student register for the class and prepay and the class be canceled by Light News all funds less the registration fee of \$100 will be refunded within 30 days of Light News cancellation date. In this case a student's registration can be carried forward to the next available course offered by that instructor.
- ❖ All prepayments are non-refundable but may be transferred to another student or new student joining the program – with exception to above.

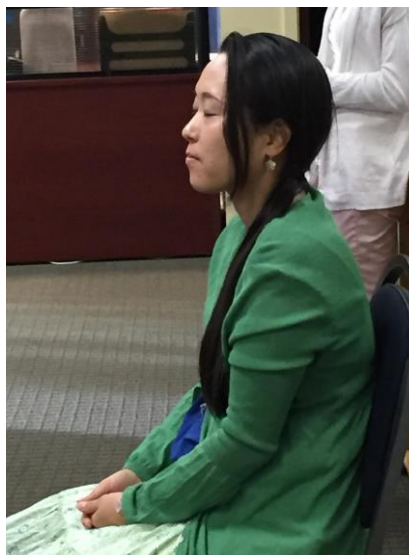
Payment Options: for the FULL Two and one-half year 18 Level Course (10 weekends)
Total Course Cost of \$5,000.00 in US or Canada. Note: GST will be added to all Canadian courses.

In Canada:

1. 10 Weekend Payments of \$525.00, (including GST) due to be paid at the beginning of each training weekend.
2. Pay for your total course up front and receive a 15% discount: \$4,462.50 (including GST)
3. Monthly Payments of \$230.00 x 24 months which includes gst and monthly admin processing fee. *Post-dated checks/cheques must be received before or on the first day of class. Other preferred methods of payment must be discussed with instructor to be agreed upon on an individual basis.*

Please arrive early: to either pay or to just get yourself settled, we ask you to give yourself time to be settled in and ready for the morning meditation which begins promptly at 10 a.m.

Payments Accepted: Cash, Check/Cheque, E-transfer, VISA/MC via Square, PayPal



Integrative Chakra Therapy®

Subtle Energy Training for the Whole Human Being

Graduation Requirements: Graduation in the Integrative Chakra Therapy® program requires all students to finish each of the 18 levels, including attending and participating in group practice sessions in both the classroom environment and with qualified Instructors, Graduates or Teachers-in-Training outside of the classroom. In addition, there are a minimum of 90 written case study assignments (reflective practices assignments) to this training; 10 of which **must be completed** following **each** weekend of training. That is, five for each level of training and returned to your instructor prior to the next level of training. Note: Special instructions for Level 3 (10 assignments); Level 16 (only if a Soul Infusion is performed) and Level 18 (no assignment).

Student Practice and Reflective Study Assignments:

1. Reflective practice assignments are part of the ICT program. To graduate and receive documents stating you are a **Certified Integrative Chakra Therapy® Practitioner** a minimum of 10 Reflective Practice Assignments must be submitted, in between each course level. Additionally, signed Practice Logs of hours practiced must accompany the assignments. – please be certain to review your assignments and take notes of questions and concerns.
2. Those who wish to take the course for personal development and not submit Reflective Practice Assignments will receive a **Certificate of Completion** and will not be a Certified ICT Practitioner.

Exams and Written Documentation: Written and/or Oral Examinations will be delivered in class at various levels of study to guide the course direction and to supplement the teachings. All exams are either take-home or in-class and reviewed during class time. A written assignment may be given to those wishing to be Certified upon the discretion of the instructor.

Evaluations: Your instructor may make energetic adjustments during each level to support development of your natural abilities in a balanced manner. After level 7 of the training, your instructor will give evaluations to all students regarding their progress, strengths and weaknesses. This is essential feedback that assists students with choices (ideas/actions) to continue strengthening and *developing their abilities in healthy balance*. These evaluations partly reflect your participation in class; including all exams (quizzes) which may be delivered throughout the course.

Practice is imperative between levels; a practice log of a **minimum of 10 practice sessions** (between course weekends) is also required to be handed in prior to each level of training. Each student is evaluated on his/her class participation and performance by their instructor and will only graduate based on a committed level of attendance and participation in class including all; lectures, assignments and practices.

Practice, practice, practice! Practice with other students is **essential** to your training.
Listening to your audio file recordings increases your connection to the energetic presence of
the teachings. Ask questions, apply what you've learned.

Integrative Chakra Therapy®

Subtle Energy Training for the Whole Human Being

Dharma Hours: Each student wishing to receive Certification must complete a minimum of **80 Dharma Hours** to complete the course. Dharma Hours are supervised volunteer hours at conferences, trade shows, public events where the student is interacting with the general public discussing the tools and techniques of Integrative Chakra Therapy®, or contributions to the promotion and advancement of Light News Institute in some way agreed upon with your instructor. A hosted information night with practice is considered a Dharma event and counts towards Dharma hours – although regular practice hours, such as Student Clinic for Public, are **not** a part of the Dharma hours or events.

Continuing Education Credits (CEU): The Integrative Chakra Therapy® course taught by Dr. Jelusich is not yet part of the U.S. or Canadian educational system. *Currently Light News Institute Inc. is working on CEU certification of the program for the U.S. and Canada, to provide students a way of being recognized to obtain CEUs for massage therapists, nurses, acupuncturists, and hypnotherapists. In the U.S., the program currently qualifies for 4 units of independent study with the California Institute for Human Science. The program also provides one year of course study for students wishing to follow the Spiritualist Ministry path through Universal Church of the Master, San Jose, CA.

Attendance Requirements:

- ❖ *Due to course content, beyond levels 1 and 2, Dr. Jelusich is reluctant to teach or allow 'Make-up' classes. The class calendar is prepared well in advance to allow sufficient time to resolve scheduling issues. The synergy of the group experiential practice is a very powerful and important part of all Healers' Training Levels. That synergy is called "The Maharishi Effect".*
- ❖ If a student *cannot* attend a Training level, he/she may:
 - Travel to another city (or join online if available) to take the level(s) missed – classes are currently offered in Calgary, Alberta; Nanaimo, BC in Canada; San Diego, California in U.S.
 - Schedule a Make-up at the Instructor's discretion.
 - Speak with their instructor regarding any conflict of dates and possible solutions.
 - Miss graduating with their HT class. (In special circumstances and with instructor's approval, it may be possible to take a short leave of absence from the Training and return joining a subsequent group.)



RESUME & ESSAY GUIDELINES FOR NEW STUDENTS

Integrative Chakra Therapy® Registration Requirement

Hello Dear Student,

1. Resume (Spiritual, Educational, and Professional): You can keep it simple and **brief**. Here is an outline of what I would like to see:

- Name/Address/Contact information
- Education - Highest Level of Academics (High School, B.S., M.A., Ph. D, etc.)
 - Major/minor
 - Distinctions
- Trade School
- Work Experience
 - Any Special Training or Proficiencies
- Esoteric Training and Certifications (Reiki, Healing Touch, Acupuncture, etc.)
- Professional Affiliations
- Other attributes

2. Essay: Please write a separate letter about what drew you to the Integrative Chakra Therapy® Program. You may have been a long time away from school; we want to know what led you to the Training Course.

- Some thoughts to consider in your essay are:
 - What is your motivation for taking the Training Program?
 1. What do you hope to gain or accomplish?
 2. What drew you to Dr. Jelusich's Integrative Chakra Therapy® program?
- How has your spiritual path unfolded thus far?
- What is your spiritual resume?
 1. That is, what have you studied or taken training in thus far?
- What do you understand of spirituality, or your level of understanding of higher levels of being?
- What is your religious background?

Suggested computer format for the Resume and the Essay: Times New Roman 12 pt. or Arial 10 pt.; Double Spaced PDF format is best but MS WORD format will work. You may send your resume and essay as an E-mail or as an attachment in an E-mail to the address below. You may also handwrite or type your resume and essay if you wish. If they are manually prepared, it is imperative that they are clear and legible.

Please submit Essay and Resume to Deirdre via E-Mail: info@gaianaturaltherapies.com

or Canada Post:

Light News Institute
% Gaia Natural Therapies,

5901 Parkway Drive
Nanaimo, BC V9V 1E7

Questions? Call me! 250.585.4432



If you have any questions or comments, please call me, or include them with your registration.

Thank you. I look forward to your participation!

Deirdre Leighton

Certified Instructor & Facilitator of
Integrative Chakra Therapy® &
Assistant to Dr. Richard Jelusich

Integrative Chakra Therapy®

Student Registration Form:

One Time Course Registration Fee: \$100.00

(covers costs of all required materials and must be received with registration prior to Level 3)

Last or Family Name **First Name** **Middle Initial**

Address: Street/Box No.

Address #2

City/Town **Province/State Postal/Zip Code**

E-Mail Address

Phone #1: Res Bus Cell (Circle appropriate) Phone #2 Res Bus Cell

Birthdate (YYYY / MM / DD) **Occupation**

Marital Status: Single Married Other **Sex:** Female Male Other

Course City/ Commencement Date: _____

Student Signature **Date**

**Note: We will never share your information with any other organization.
This information is for Light News & Gaia Natural Therapies office use ONLY.**

For all Alberta courses, please fill out and submit the above form to info@gaianaturaltherapies.com and use the following information to process payment in order to complete your registration.

For registration by PayPal or Credit Card please contact Deirdre by phone at 250.585.4432, to indicate your wish to pay this way. An invoice will then be issued to you from our Square account which you can then pay directly online.

For Bank e-transfers, please send payments by email to info@gaianaturaltherapies.com. The password must be forwarded to Deirdre at the same time, either by email or text at 250.585.4432

Receipts will be sent out by email to the email address on your registration form.



Release Form: for Media Recordings

I, the undersigned, do hereby consent and agree that *Northern Light News* and *Light News Institute* (hereafter known as *Light News*), its employees, or agents have the right to take photographs, videotape, or digital recordings of me during all classes and practice sessions. Light News can use any and all media, now or hereafter known, exclusively for the purpose of educational training and promotional footage for Light News.

Yes: _____(initials) I consent No: _____(initials) do not consent

Yes: _____ I further consent that my identity may be revealed therein or by descriptive text or commentary.

No: _____ I do not consent that my name and identity may be revealed therein or by descriptive text or commentary.

I do hereby release to *Light News*, its agents, and employees all rights to exhibit this work in print and electronic form publicly or privately and to market and sell copies. I waive any rights, claims, or interest I may have to control the use of my identity or likeness in whatever media used.

I understand that there will be no financial or other remuneration for recording me, either for initial or subsequent transmission or playback.

I also understand that *Light News* is not responsible for any expense or liability incurred as a result of my participation in this recording, including medical expenses due to any sickness or injury incurred as a result.

I represent that I am at least 18 years of age, have read and understand the foregoing statement, and am competent to execute this agreement.

Print Full Name: _____ Date: _____

Address: _____

Phone: _____

Signature: _____

Witness: Print Full Name _____

Signature: _____

Volunteer Release Form for Integrative Chakra Therapy®

Integrative Chakra Therapy® (ICT) (Chakra Balancing and Subtle Energy Medicine Healing) is a noninvasive powerful healing modality that works at the level of the chakra system. The chakra system includes seven major energy consciousness centers located at specific locations along the spine i.e.: from the bottom of the spine to the top of the head. The intention of the ICT session is to help energetically balance any individual mental, physical, emotional, and spiritual issues.

I understand that as part of the ICT process there may be a need for a “laying on of hands” (light touch) and give consent to such light touch as deemed necessary by the practitioner. If for any reason I am or feel uncomfortable during my treatment, I will let the practitioner know and the treatment will be altered, or the session will be terminated.

____ **Initial**

It has been made clear to me that Integrative Chakra Therapy® is not a substitute for any medical examinations and/or diagnoses and that it is recommended that I see a physician for any physical ailments(s) that I might have. ____ **Initial**

I understand that ICT is designed to be a complementary health aid and in no way will take the place of a physician’s care when a physician’s care is indicated. All comments or concerns relating to the healing session by the students and/or Light News teaching staff are not to be interpreted as a medical diagnosis.

I understand that there will be **no** diagnosis of illness, disease, or any other physical or mental disorder. I understand that there will be no prescribed medical treatment or pharmaceuticals and there will be **no** massage or any manipulation of the spine.

As part of the student’s experiential learning experience I consent to an open classroom feedback discussion of their findings and recommendations. ____ **Initial**

I understand that any and all information exchanged during any session is educational and confidential in nature and is intended to help me become more familiar with and conscious of my own spiritual path, health status, and is to be used at my own discretion. With this in mind, I agree that Integrative Chakra Therapy® by a supervised student, and /or Light News teaching staff, and /or Dr. Richard Jelusich cannot be held liable for any problems that might arise that I think could be attributed to the energy healing session.

My questions have been answered to my satisfaction regarding my Chakra Balancing and Spiritual Energy Medicine Healing session and what I might expect from this session.

I have read this form and I understand and agree to the policies described herein. ____ **Initial**

By my signature below, I hereby authorize Integrative Chakra Therapy® by a supervised student and/ or Light News teaching staff and /or Dr. Richard Jelusich to administer ICT as they deem necessary.

Volunteers Name (please print): _____

Signature: _____ Date: _____

Witness Name (please print): _____

Witness Signature: _____ Date: _____