

Course Outline – Integrative Chakra Therapy®



Integrative Chakra Therapy® (ICT), offers a self-awareness journey of subtle energy healing techniques and tools. ICT blends philosophy, science, and experiential subtle energy (spiritual) healing into a beautiful unfolding of your own higher consciousness.

Outcomes of Integrative Chakra Therapy® (ICT) Training:

In practicing safe and effective techniques of subtle energy analysis and healing, the student-practitioner benefits in becoming more whole and complete themselves. These workshops are constructed:

- ◆ **To provide** an understanding of the anatomy and psychology of chakra function and the biofield, how they affect the whole human being, including practical techniques for advancing chakra strength and stability.
- ◆ **To experience** the synergy of fellowship/shared purpose, the safety and acceptance of like-minded spiritual community working with your fellow healers both in class and in regular practice groups.
- ◆ **To assist** in the development and application of energy medicine and energy psychology through the understanding and application of metaphysical laws that help to heal the whole individual at the soul level.
- ◆ **To engage** in safe, effective healing techniques through experiential training and to shift core consciousness of the individual.

Premise: This course is for those who wish to learn Integrative Chakra Therapy®, as well as those who wish to continue their journey into personal spiritual development. ICT offers a grounded understanding of what the chakras are and the role they play in determining your characteristics in this lifetime.

Additionally, as you awaken your chakras you not only help yourself, but also others, heal from:

- **old belief patterns**
- **changeable life circumstances**
- **toxic programming and much more**

The study of Integrative Chakra Therapy® (ICT) will include and enhance your healing abilities naturally in:

- ◆ **Magnetic** – the process of learning to understand how we interact with our personal bio-magnetic fields and those of others
- ◆ **Pranic** – by using Prana Energy (also known as Qi or Chi energy) you will be taught how to help individuals understand and bring to balance their true physical, emotional, mental, and spiritual bodies
- ◆ **Radiatory** – by becoming a conduit of spiritual energy you will help individuals learn to heal themselves, release infirmities and in doing so awaken the chakras of both client and practitioner
- ◆ **Telepathic** (Telepathy) – by learning to tune into your client on a higher level of being you are able to observe the individual's true spiritual nature and help them to understand their non-physical presence they hold in this realm.

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What to Expect: While you are working with individuals (in-person) or over the internet (distance) your Instructor is checking in on you and working with you energetically/spiritually, facilitating adjustments within your chakras, energy field, grounding, etc. as needed. During the workshop great amounts of energy are being moved, and it is noted that many students will have unique experiences including, but not limited to reactions, emotions, body sensations, feelings, sights, sounds and so forth while learning Dr. Jelusich's unique healing methods.

Light News Institute and its Instructors create a safe loving atmosphere for the work and students. Students learn through an experiential, 'hands-on' environment. All workshops are recorded for future reflection and discourse. Each workshop begins with a topic lecture on methods, techniques and philosophy, including discussion of scientific studies on Energy Medicine, Biofield Science, Energy Psychology, Quantum Physics and Torsion Fields, followed by active healing energy medicine practice under your Instructor's direct supervision. Additionally, assignments and regular practice are expected to be completed between workshop levels.

It is strongly suggested that students take it easy and rest after each level. Most people and many students do not understand the nature of subtle energy work, so they may tire and some of their "stuff" can come up after a weekend of training. This is normal. Many students are now taking Monday off after a weekend of training. It is good to get rest in the evenings and next day following classes in order to process the integration of what you have learned and experienced.

The Goal of ICT is to help you become a self-empowered, self-realized individual who is spiritually aware; an independent thinker emancipated from the illusion of separation from the Oneness in which we all live.

This training will awaken and strengthen your higher sense perceptions as well as your healing abilities and as a result some of your "stuff" will inevitably come up. These levels will cause fundamental core-shifts to happen within you as you infuse more of your **Soul-Quality** into your waking consciousness. Some levels may be difficult to assimilate and take time to integrate, so viewing/listening to your lecture recordings is helpful for the process. Practicing with fellow students is a **required** component and essential to integrate the levels taught as a base for Dr. Jelusich's more evolved teachings.

ICT Training is not for everyone but is for those who truly desire to become spiritually stronger, more grounded, and for effective facilitation of healing in themselves and others. Within this training, Dr. Jelusich has combined the teaching and discussion of philosophy, science, cosmology and the esoterics of human evolution of consciousness, while providing intellectual balance to the experiential spiritual training you will do at each level.

All healing boils down to one thing only:

"Healing is overcoming any illusion that separates you from the oneness in which you already live."

Dr. Richard Jelusich

**The Study Options and Pathways Towards Course Graduation, Certification
and Advanced Study**

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Study Options and Course Progression:

1. General interest: Module 1: Levels 1, 2 and 3 can be taken alone as personal general interest workshops. Note that the Levels must be taken in order, however. Thus, the previous level is always a prerequisite for registration for the next. There is never any obligation to continue on with the full program. While each Level in this Introductory Module includes hands on experience and practice, please note that no certificate will be provided for the completion of these three workshops.

2. Non-Certified Graduate - “Certificate of Completion”: Those who wish to learn ICT for their own spiritual development but do not wish to be certified practitioners, and have completed up to Module 4: Level 18 with sufficient practice hours, will receive a certificate of completion and will understand all aspects of Dr. Jelusich’s Integrative Chakra Therapy® course to implement in daily life. Please note that although reflective practice assignments are not required for a certificate it is highly recommended that students participate in completing these assignments as it will help you greatly in your growth and awareness throughout the course.

3. Certified Integrative Chakra Therapy® Practitioner: Those who wish to use the course in a clinical setting will have completed the levels of study through Module 4: Level 18, the required practice logs, reflective practice assignments as well as metrics (tests), and additional Dharma hours (service). These logs and assignments are to be delivered to your instructor for review. Upon completing the requirements for certification, you will be eligible to receive a certificate as an **Integrative Chakra Therapy® Practitioner**.

4. Certified Integrative Chakra Therapy® Advanced Practitioner: Those who have completed Certified ICT Practitioner Training through Modules 1-4, and wish to deepen their studies, can then move on with Module 5. Advanced Practitioner training includes discussion and practice in the basics of Mediumship and Channeling, basic psychometry through Flower Readings and working with souls transitioned or transitioning from this dimension and their grieving loved ones. Additional Assignment includes completing and submitting a relevant research paper, thesis or presentation. Upon completing the requirements for this Module, you will be eligible to receive a certificate as an **Integrative Chakra Therapy® Advanced Practitioner**.

5. Certified Integrative Chakra Therapy® Instructor: This in-depth 2 ½ - 3 year apprenticeship, Module 6, is for serious Certified ICT Advanced Practitioners who feel called to further their training in order to become a teacher for others. In pursuing the mantle to teach, one accepts great responsibility and accountability for not only their own personal spiritual development and evolution, but also for those they hope to teach. With completion of the apprenticeship program one can further choose to take the final steps to become an independent Certified Integrative Chakra Therapy® Instructor under Light News Institute or simply serve as an assistant teacher along with another Senior Instructor.



Pathways:

A student can choose to study in the following ways:

1. **Join a pre-scheduled classroom setting with a group led by a Certified Instructor:**
 - a. In-person class attendance (with individual and group support and practices between levels additionally available online)
 - b. Online class attendance (All students attend the class via video conferencing)
 - c. Blended class attendance (an option for distance learning, join in with an in-person class through video conferencing)

2. **Enroll as a mentee with your choice of one of our Certified Instructors as your One-to-One mentor:**
 - a. In-person – Recommended, if distance is not a factor. Meet with your instructor in person on a regular basis for lectures and practices with additional online contact (video conferencing, email & telephone) between meetings
 - b. Online – for distance learning. Meet with your instructor via video conferencing.
 - c. Blended – If distance, but not great distance is a factor. Meet with your instructor mostly online with occasional in-person sessions when possible.

Scheduling:

Classroom pathways require that a student waits until a group class is scheduled. All scheduled classes are dependent upon a sufficient number of students registered in order to run the class. The pre-set schedule, with possible occasional adjustments, is usually booked around the instructor's availability and students are required to adhere to the schedule and pace of the class.

Mentee pathways allow a student to begin whenever they are ready, and their chosen instructor is available. Learning and practice sessions can be scheduled as you go, around convenient dates that work for both the mentor and mentee together; can possibly be split up into shorter more frequent portions of study; and do not necessarily have to be back-to-back on weekends. Additionally, mentees can work at their individual pace as determined between themselves and the recommendation of their mentor.

Attendance Requirements:

❖ **Attendance and full participation in each level is required.** It is also important that you attend regular practices to work with Dr. Jelusich, his instructors, graduates, and other students. The synergy of the group experiential practice (in person and online) is an immensely powerful and important part of all Healers' Training Levels. That synergy is called "The Maharishi Effect".

❖ If a student cannot attend a training level, he/she may:

- Reschedule the level(s) with your instructor or an assigned substitute instructor.
- Make up that level with another class and/or instructor if available within an acceptable timeframe.

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- Speak with your instructor or their assistant regarding any conflict of dates and possible solutions.
- Miss graduating due to non-completion.
- It may be possible to take a leave from the training and, if available, return to within a year to pick up where you left off, at the discretion of you instructor.

Should a student drop out of ICT and wish to return, they can do so if they have not been away from the course for more than 1 year and must provide proof of practice. Upon the discretion of the instructor, students may be asked to audit the classes they have already taken.

“All Students-in-training learn about their true multidimensional nature and philosophy of one-ness.”

Your Investment

There will be a one-time registration fee of \$100** for students wishing to proceed beyond Module 1: Level 3. This fee includes administration fees and a copy of each of Dr Jelusich’s books “Eye of the Lotus” and “I Can Relate” which are required texts for the course. If you already have the books a credit will be issued towards your next payment for course fees.

Classroom student course fees* for Modules 1-5: Levels 1- 21 of study are each \$250** per 6 hours of lecture + practicum lab, OR \$500** per 12-hour weekend. (Note: Some levels are a full weekend in content) This includes one on one student support and evaluations as required, plus the many hours your instructor will spend evaluating your assignments and exams. Further, all available supervised student practice clinics (approximately 6 per month) and monthly student support events scheduled to occur between levels of study are also included without additional charge. Course fees are due on or before the beginning of each level workshop. These fees apply to both in-person attendance and online attendance of a class.

Mentee student fees are \$325** per month until completion. Mentees also benefit from the scheduled practice clinics and support meetings with other students plus the additional benefit of being able to work at a more in-depth one on one level (either in person or online or both) with the Mentor/Instructor. The mentee will work at a pace suitable to them that is agreed upon between themselves and the mentor, with continuous re-evaluations along the way. Please note that while possible in some cases, it is very rare to proceed through the program faster than at the classroom pace, so please consider at least 2 ½ years to completion for Modules 1-4: Levels 1-18. Mentee fees are due at the first of each month.

** Any additional fees required for advanced certification levels will be specified as is relevant below.*

***plus, applicable sales tax*

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22 Levels of Integrative Chakra Therapy® (ICT) Training Described

Module 1: Introduction to Integrative Chakra Therapy® (2 Weekends)

Level 1. Basics of ICT Training (Day 1) - Fundamentals of Chakra Balancing, Subtle Energy Healing and Philosophy of Human Nature. The three states of healing: biochemical, electromagnetic, quantum (spiritual). Experiential Training practices begin the first afternoon of ICT Training and continues every afternoon of ICT Training throughout the program.

Level 2. Biofields (Day 2) -The Human Aura. Experiential exercises in detecting and working with the auric field. You will learn how to contour over the several energy fields, discerning and detecting inconsistencies, tears, strengths, and weaknesses. Included will be a discussion on Biofield Science, Energy Medicine and Energy Psychology.

Level 3. Anatomy of the Chakras (Full, 2 Day Weekend) – Learn the fundamental understanding of the chakra system as they emanate our Soul Quality into this dimension, into our waking personality, and how they affect the mental, physical, spiritual and emotional states of being. This is the key Level for the entire ICT Training for the Whole Human Being program. Most people have one dominant chakra that affects their basic disposition towards life, thus also depicting the path of most of their life's lessons according to the specific dominant chakra.

To proceed to Module 2, Individuals MUST be fully registered by completing and submitting all registration requirements as listed in the Registration Packet and have attended the pre-requisite, Module 1: Levels 1 – 3. It is advised to also have a good start on the required assignments and practice log hours.

Module 2: Novice Student Training (3 Weekends)

Level 4. Quantitative vs. Qualitative Reality – (Day 1) -Your Chi and Kundalini potential will develop naturally in direct relationship to your spiritual training. Qualitative Healing addresses emanations of soul consciousness through the chakra system to the personality. Qualitative healing awakens pranic, radiatory, telepathic and magnetic abilities, affecting the whole human being. Integrative Chakra Therapy® is not mental focus! It is a state of being (qualitative), brought through the power of the will and concentration through the vulnerability of the feelings that transcends the mental state by choosing that qualitative state of awareness of being that IS.

Level 5. Advanced Chakras – (Day 2) – A continued focus on the dominant chakra of individuals, and how this affects life choices and relationships, with emphasis on the relationships including:

- 1) Chakric Relationships: how we take an energetic relationship to each other
- 2) The Three “Rs”:
 - The Law of Reciprocity
 - Representation Through Relationship
 - Reference Chakras

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Level 6. Protection vs. Availability (Day 1) - This workshop covers the essence of the Feminine Principle: of how to yield instead of pushing.

In this workshop you will learn:

- Availability vs. Protection
- Yielding instead of pushing
- The Feminine Principle
- How to avoid taking on the energies of another person
 - Including clearing techniques and practices

Level 7. Out of Body Healing and Distance Healing (Day 2) - In this level you will learn why and how it may be necessary to take someone “out of their body” in order to do energy work with them, and how it benefits the healing process. You will also learn about distance healing and sensing, and how to work on individuals at a distance. Included is instruction on working with people who have transitioned to the Astral Dimension, as the soul still retains its distinction and chakras.

Level 8. Spiritual Laws (Day 1) - Understanding spiritual laws is essential for the true spiritual healer to be not only effective, but in right-action (Dharma) when doing healing work. There are many spiritual laws; we focus on those which pertain to your utmost effectiveness as a healer, thus improving the quality of your own life, whether you do healing work or not.

Level 9. Ethics in Healing (Day 2) - At this point in ICT Training, it is important to reemphasize the spiritual laws governing appropriate healing and to speak of the ethics required of the truly adept healer. Doing this work correctly creates fundamental paradigm shifts in the healers themselves as they live and apply the philosophy and esoteric techniques of ICT. In this workshop, you will learn when it is and is not appropriate to heal, why that is so, and the differences between personal and non-personal healing. Discussion will include Disclosure and Confidentiality, plus Guidelines and Laws of the Land. Additional discussions and discourse include family dynamics in healing including beliefs, cultural, family backgrounds and expectations of both healer and client.

In order to proceed to Module 3, students are required to have a one-on-one interview and evaluation with their instructor, and if not fully up to date, have at least made satisfactorily consistent progress with their submitted assignments, practice logs and Dharma hours.

Module 3: Intermediate Student Training (2 weekends)

Level 10. Attachments Part I (Day 1) – (Points of Possession) Tube attachments are energetic connections between people and are mostly benign. However, some are debilitating energy-drainers that can seriously affect the mental, emotional, physical, and spiritual aspects of a person’s life-path. Some people can suffer for many years without relief because they do not know nor understand the metaphysical origins of their suffering. You will learn how to discern tube attachments, how to remove them, and how to do post-removal clearing.

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Level 11. Attachments Part II (Day 2) – (Points of Possession) There are astral level beings of interaction with humans that can drain energy and be debilitating. In this level, we continue to learn how to discern the presence of these beings and how each type affects the individual. You will learn removal techniques, along with post-removal clearing.

Level 12. Axialtonal Alignment (Day 1) - Chakras, among the many dimensions, can be likened to the holes in sheets of binder paper. The pre-punched paper sheets must all be aligned in order to easily be set into a binder; the chakras when aligned among the dimensions, flow energetically most effectively. In this workshop you will learn how to align each chakra along its axis of function, along with aligning all the main chakras.

Level 13. Working with Infants, Children, and Seniors (Day 2) - Doing energy work on infants, children and seniors requires some differences in techniques and a few more subtleties. In this level, you will learn the philosophy, techniques, and considerations of working within the four archetypes on infants, children, and seniors. Considerable current information on Indigo Children / Crystal Children will be presented.

To Proceed to Module 4, students must have completed and submitted all up to date assignments, Dharma hours and practice log hours required up to Level 13.

Module 4: Advanced Student Training (3 weekends)

Level 14. The Shushumna (Day 1) - The main column of light that pulses up and down through the spinal column, through the lenses of the chakras is called the Shushumna. In this level, you will learn about the Shushumna, how it works, its pulse, how to assess and tonify its activity; and about the Ida and the Pingala, the "twin serpents" of the kundalini that weave up and down the spine in their energetic helixes.

Level 15. Activation Meditation (Day 2) - It is only at this advanced point in the workshops when students are trained enough that they are allowed to learn and use (begin to fully understand) the activation meditation prayer that people see Dr. Jelusich doing in workshops and at Flower Readings. The Activation Meditation is taught at a late stage in the ICT Training program because Dr. Jelusich wishes to see that his students have grown in understanding and are prepared for the clarity and connection the meditation provides.

Level 16. Soul Infusion Technique (Day 1) - When healers are spiritually ready, they will infuse a little of their soul quality into their personality. This workshop discusses the philosophy behind this way of looking at our true nature. Students are taught how to work with the 8th and 7th chakra centers to help the soul-infusion process, how to bring the soul quality into physical reality, and how to ground and complete the healing process.

Level 17. Creating and Holding Sacred Space (Day 2) – Until now, students have been practicing creating a heart centered and sacred space within themselves in order to facilitate healing, along with clearing techniques and abilities. It is equally as imperative to create and maintain Sacred Space in rooms, buildings and within group dynamics. Space clearing techniques and establishing and holding a

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vibrational frequency that another, or a group of people can attune to are all essential parts of the ICT spiritual practice. There will be discussion on space establishing techniques and rituals from various traditions. Students will be learning to apply their abilities to observe the energy in a space, or of a group, as well as using techniques to clear and establish a safe healing space and hold the vibrational frequency., as well as learning to lead others in guided meditations and clearing exercises.

At this point an interview and evaluation may be required at the instructor's discretion, or available by request of the student toward the resolution of any concerns arising regarding full course completion and preparation for graduation.

Level 18. Past Lives, Karma & Reincarnation (Full, 2 Day weekend) - We are the accumulation of many lifetimes, and their effects are locked into our four archetypical energies: mental, physical, emotional, and spiritual. We emanate the characteristics of our past life influences on many levels affecting our daily consciousness. The instructor will give a lecture encompassing Past Lives, Karma and Reincarnation and the basis in understanding who we are, including the Karma we incarnate with, levels of karma, healing techniques, and more. Reincarnation will be discussed with regards to the attributes and skill sets we are born with that most closely associate us with the lessons we must learn in each life.

Upon the completion of Module 4: Level 18, along with the completion and submission of the required practice log hours, a Certificate of Completion will be provided.

However, with the additional satisfactory completion and submission of ALL required assignments, tests and Dharma hours, a "Practitioner Certification" will have been earned and that status will be afforded. For those who want an additional certificate, a signed frameable original copy of the certificate will be mailed to you for a processing fee of \$45.

Please Note: Applicable annual fees; proof of maintaining regular practice; completed required continued education hours every 2 years; being in good standing with Light News Institute's Code of Conduct, Policies all will be required to retain and subsequently renew Integrative Chakra Therapy® Practitioner Status. Details of requirements are described in the Light News Institute, Integrative Chakra Therapy® Terms and Procedures documents, Maintaining Your Integrative Chakra Therapy® (ICTP) Status.

Practitioner Certification is a prerequisite for continuing on to Module 5: Advanced Practitioner Training.

Module 5: Advanced Integrative Chakra Therapy® Practitioner Training (2 Weekends + Independent Research project)

Advanced Practitioner Certification is earned upon completion of Module 5, submitting for a panel review, a research project in the form of a paper, thesis or presentation relevant to the Energetic Healing Principles and Practices of Integrative Chakra Therapy® (\$150), in addition to proof of being an active IDT Practitioner for no less than 1 year. Research topic must be presented for approval by your instructor at the onset of Module 5 and is due to be presented or defended no later than 3 months after completing*

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Level 21 or on a date agreed upon with your instructor, allowing up to a total of 9 months for research and preparation after approval of the topic.

Level 19. Mediumship and Channeling (Full, 2 Day Weekend) - Mediumship is that ability to contact disincarnated human beings who have recently made their transition and speak on their behalf. The value of Mediumship is beyond the contact itself in the fact that when done, the contacted souls can learn from the healers as much as they themselves offer in the process of communication across dimensions. Students will learn and practice a form of mediumship called Billet Reading.

Authentic channeling is the direct transmission of an elevated being through the practitioner in various ways including verbally, energetic, writing etc. During ICT practice a healer already practices this in a sense, as a channel or conduit of the divine higher self. While certainly it is not a necessary part of every Healer's journey to serve as a channel of an elevated individuated being to bring specific messages, a clear understanding of the art and practice is important at this level of work. There will be a discussion of preparatory practices, safety, and clarity of such transmissions.

Note: Not all ICT Certified Practitioners are called to work as Medium or Channel – but having the grounded understanding and tools to work in The Safety Way with Spirit 'beings' is imperative.

Level 20. Transitions (Day 1) - The premise of Integrative Chakra Therapy® (ICT) regards the Chakras as conduits of consciousness that represent the uniqueness of our character in the Physical, Astral, and Causal Dimensions. Therefore, when a person passes or is in the process of leaving the body, they still have all seven active Chakras that are always open and still represent the uniqueness of that person. As long as there is uniqueness, the Chakras exist in the Physical, Astral, and Causal Dimensions, as does Karma.

Proficiency at this level informs the ICT Practitioner of the existence of the personality trans-dimensionally through the Chakra characteristics, and healing work/assessment can be effective in these instances. This level continues to awaken the ICT Practitioner, through experiential energy work and their own higher sense perceptions of the Chakras and the individuation of the person's character in Transition.

Level 21. Flower Reading (Day 2) – This advanced level will be developing the psychic abilities in the form of Psychometry. The intention is to demonstrate the unity of consciousness and to prove that we all are intuitive and connected spiritually. The idea of anonymity is what makes flower readings so powerful. You don't know who you are reading for, but it is entirely accurate; including past life information, birthmarks on the body, even what is to come.

Flower Readings are based on FAITH. They put YOU at risk, because you've nothing to go on other than the flower you are holding. In other words, if you don't take the risk, why should they? It puts you on the spot to prove that with faith one can perceive beyond the veil of the ego, that there really is a TRUE SELF that exists beyond space and time.

When you, as a practitioner, endeavor to do flower readings, you yourself go through many changes as you connect with people on such a deep and profound level of their being.

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Application is required to proceed to Module 6. Successful Applicants must have completed Advanced Practitioner Training and Certification as a pre-requisite; be an active Practitioner of Integrative Chakra Therapy®; be up to date and recent with all practitioner maintenance and continuing education requirements; and display a good comprehension and application of each course level of study within their personal journey and practice.

Module 6: Integrative Chakra Therapy® Instructor Training

(Fees and Program are currently under revision)

Level 22. Apprentice: This Level is an apprenticeship program in which the approved applicant studies as a mentee along with a qualified Senior Instructor. The successful applicant will be required to serve as an assistant teacher with the Senior Instructor through the entirety of at least one course of study and come away with the following outcomes: garnering a greater in-depth comprehension of the course materials; evaluating students' written assignments; holding space for entire groups of people in a classroom setting in-person and distance online; providing guidance of the student practice session while holding space for both the student practitioner(s) and the client(s) receiving the balancing, simultaneously – both in-person and distance online; developing presentation abilities including within in-person classroom settings, one-on-one and online format.

To receive final approval for Instructor Certification: Towards the end of completing the course of training, applicant must satisfactorily complete the following in the presence of Dr Jelusich and at least one other appointed instructor or director (other than the applicant's mentor) as determined by Dr Jelusich: present/teach a selected level of the course for evaluation; guide and hold space for a series of student practice sessions, the number of which will be determined by Dr Jelusich; interview with Dr Jelusich and/or his appointed director(s); and completion of the contract requirements as described in the *Light News Institute Policies and Procedures* documents.

“Through experiencing true holistic healing, individuals lead more productive and meaningful lives.”

Evaluations: Dr. Jelusich and/or certified Instructors may make energetic adjustments during each level to support development of your natural abilities in a balanced manner. After level 9 of the training, your instructor will give phone evaluations to all students regarding their progress, strengths, and weaknesses. This is essential feedback that assists students with choices (ideas/actions) to continue strengthening and developing their abilities in healthy balance. These evaluations partly reflect your participation in class, including all assignments and exams (quizzes) which will be delivered throughout the course. Throughout the course, Dr. Jelusich, his instructors and qualified graduates will be interacting with you to assess and assist your practice.

Practice is imperative between levels: A practice log of a minimum of 10 practice sessions (between course weekends) is also required to be handed in prior to each level of training. Each student is evaluated on his/her class participation and performance and will only graduate, based on a committed level of attendance and participation in class including all, lectures, assignments, and practices.

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Practice, practice, practice! Practice with Dr Jelusich or your instructor and other students is essential to your training.

Listening to your video/audio file recordings increases your connection to the energetic presence of the teachings. Ask questions, apply what you've learned.

Dharma Hours: Each student wishing to receive Practitioner Certification must complete a minimum of 80 Dharma Hours to complete the course. Dharma Hours are supervised volunteered hours at conferences, trade shows, public events where the student is interacting with the general public discussing the tools and techniques of Integrative Chakra Therapy® (if unsupervised must be documented and approved by Instructor). For example: A hosted information night with practice is considered a Dharma event and counts towards Dharma hours – although regular practice hours are **not** a part of the Dharma hours or events. Dharma hours can also be accrued through volunteering time directly to the operations, growth and development of Light News Institute and Integrative Chakra Therapy® through assistance with marketing, websites, administration, student communication, new student support and so on. If you have an idea of how you may be able to serve in Dharma, please present it to your instructor or Dr Jelusich!

Continuing Educational Credits (CEU): The Integrative Chakra Therapy® course is not yet part of the U.S. or Canadian educational system. *Currently Light News Institute Inc. is working on CEU certification of the program for the U.S. and Canada; to provide students a way of being recognized to obtain CEUs for massage therapists, nurses, acupuncturists, and hypnotherapists. In the U.S., the program currently qualifies for 4 units of independent study with the California Institute for Human Science. The program also provides one year of course study for students wishing to follow the Spiritualist Ministry path through Universal Church of the Master of San Jose, CA.

Required Reading Textbooks:

The following three books are required reading for the Integrative Chakra Therapy® program. Dr. Jelusich will be assigning additional reading assignments and handouts as the course progresses.

Eye of the Lotus, Psychology of the Chakras, Richard Jelusich, Ph.D. ISBN 0-940985-76-4, Lotus Press, Twin Lakes, WI. Must be read before taking Level 3.

I Can Relate, How we intuitively relate to people in our lives, Richard Jelusich, Ph.D. ISBN 978-0-9818634-0-5, Light News Publishing, 2008 Must be read before taking Level 5.

Karma and Reincarnation, Hiroshi Motoyama, Ph.D.

Available at <http://www.cihs.edu/> or 760-634-1771. Must be read before taking Level 18.

The following books are required reading for Advanced Practitioner Training

A Channeling Handbook, by Carla L. Rueckert, ISBN: 0-945007-07-08, L/L Research, Louisville, KY (Free PDF download from L&L Research website at www.llresearch.org) Must be read before taking Level 19.

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The Tibetan Book of Living and Dying, Sogyal Rinpoche Must be read before Level 20.

Recommended Reading:

- ❖ Meridian and Ki Exercises, Hiroshi Motoyama, Ph.D., Ph.D.
- ❖ Varieties of Mystical Experience, Hiroshi Motoyama, Ph.D., Ph.D.
- ❖ Awakening of the Chakras and Emancipation, Hiroshi Motoyama, Ph.D., Ph.D. ISBN: 4-87960-708-8, Human Science Press, Tokyo, Japan
- ❖ Theories of the Chakras, Hiroshi Motoyama, Ph.D., Ph.D. ISBN: 0-8356-0551-5
- ❖ Toward a Superconsciousness, Hiroshi Motoyama, Ph.D., Ph.D.
- ❖ Vibrational Medicine, Richard Gerber, M.D., ISBN: 0-939680-46-7
- ❖ The Source Field Investigations, David Wilcock, ISBN: 0-452297-97-4
- ❖ The Aquarian Gospel of Jesus the Christ, Levi H. Dowling ISBN: 0-932813-41-0
http://therealpublicradio.net/pdf_files/The_Original_Gospel.pdf

* Dr. Motoyama's books are available at the California Institute for Human Science CIHS www.cihs.edu/

RESUME & ESSAY GUIDELINES FOR ALL STUDENT APPLICATIONS

1. Resume (Spiritual, Educational, and Professional): Here is an outline of what your instructor would like to see:

- Name/Address/Contact information
- Education - Highest Level of Academics (High School, B.S., M.A., Ph. D, etc.)
 - Major/minor
 - Distinctions
- Trade School
- Work Experience
 - Any Special Training or Proficiencies
- Esoteric Training and Certifications (Reiki, Healing Touch, Acupuncture, etc.)
- Professional Affiliations
- Other attributes

2. Essay: Please write a separate essay about what drew you to the Integrative Chakra Therapy® Program.

Some thoughts to consider in your essay are:

- What is your motivation for taking the Training Program?
 - What do you hope to gain or accomplish?
 - What drew you to Dr. Jelusich's Integrative Chakra Therapy® program?
- How has your spiritual path unfolded thus far?
- What is your spiritual resume?
 - That is, what have you studied or taken training in thus far?
- What do you understand of spirituality, or your level of understanding of higher levels of being?
- What is your religious background?

Course Outline – Integrative Chakra Therapy®



Suggested computer format for the Resume and the Essay: Times New Roman 12 pt. or Arial 10 pt. Double Spaced PDF format is best, but MS WORD format will work. You may send your resume and essay as an E-mail or as an attachment in an E-mail to the address below. You may also handwrite or type your resume and essay if you wish. If they are manually prepared, it is imperative that they are clear and legible.

Please submit them to your particular instructor via email or by post. Appropriate addresses will be listed along with specific registration forms within the registration packet applicable to your particular instructor. You can find a list of available instructors and any upcoming scheduled classes on the Light news website www.lightnews.org

If you have any questions or comments, please call us, or include them with your registration.

Dr. Richard Jelusich, and Light News Staff and Faculty look forward to your enrollment at Light News Institute!