



Journey to the Land of the Maya as the Waveform Continues: A Journey of Expansion of the Heart!

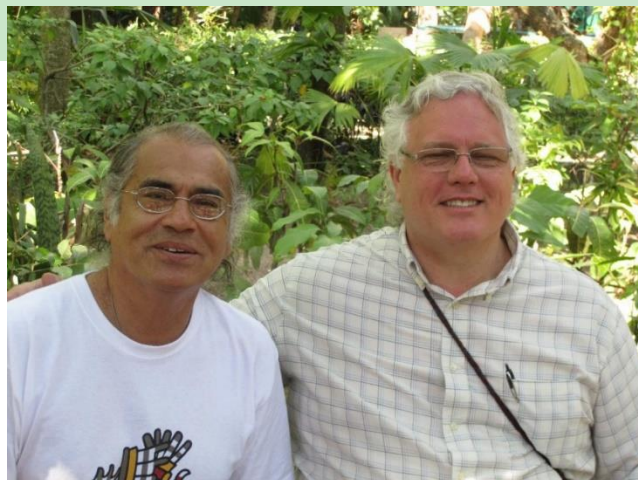
With Dr. Richard Jelusich and Miguel Angel

October 20-26, 2024

Meet the presenters:

Dr. Richard Jelusich has taken seekers on many journeys to the land of the Mayan teachings, doing ceremony and honoring the higher meanings and enlightenment of the Mayan people. He and Miguel Angel have worked together on journeys for many years since 2005. He is a spiritual teacher and counselor and has his own school of energy medicine "Integrative Chakra Therapy®."

Miguel Angel Vergara is a Mayan priest and was director of the sacred site Chichen Itza. He is an awakened teacher of Mayan cosmology and higher elevation of consciousness. He lives and works in Yucatán, Mexico. He studied with Maya Elder Vicente Martín for 17 years and continues to work with the Elders and Priests who are keeping the Maya Sacred Wisdom very much alive today.



Journey to the Land of the Maya as the Waveform Continues: Today is the day to Embark on "A Journey of Expansion of the Heart!"

- Re-attune yourself to the frequencies of Galactic alignment
- Free yourself from constant distractions, through powerful ceremonies and teachings
- Delve deeply into the advanced cosmology of the Maya
- Reconnect with Mayan wisdom
- Unlock inner realizations, to elevate your awareness, and harmonize your existence

Though 2012 has passed, we are still within the galactic waveform of consciousness, evident in today's rapid changes.

Join us! And let the ancient knowledge illuminate your path to a more centered and empowered life.

Itinerary

October 20, 2024: Upon arrival I will be waiting for you and participants at the main terminal of the Villahermosa airport and start our journey, then transfer to Hotel Courtyard Villahermosa, for check in. We do not have activities or meals scheduled for this day. If you have any delayed or have question, please do not hesitate to contact me. Overnight Hotel Courtyard Villahermosa.



October 21, 2024: We will have breakfast together then we will check out and drive to the amazing Cascadas de Misol-Há, a heavenly destination located in the municipality of Salto de Agua about 20 km from Palenque. Its name means "The Spirit of the Jaguar in the Holy Waters". The waterfalls consist of one single cascade of 35 m in height that falls into a single, almost circular, pool of blue water amidst tropical vegetation. Behind the cascade there is a cave, a womb of Mother Earth within which we will receive a sacred cleansing in the purifying waters that once cleansed the Ancient Maya of Palenque. After this wonderful experience we will have lunch, then we will head to our hotel in Palenque. We suggest wearing a swimming suite and bring a light clothing for change after the experience, water shoes or sandals and comfortable walking shoes, mosquito repellent. Overnight Hotel Chablis Palenque. **B & L.**



October 22, 2024: After breakfast we will drive to the sacred site of Palenque to have our Opening Ceremony will be celebrated in the Lacandon Jungle that surrounds Palenque. We will be welcomed & accompanied by Enrique Chan-K'in, grandson of the Lacandon Maya Elder, **"CHAN-K'IN"**. Together, he & Miguel Angel will lead this Ceremony (optional wear white or any clear color clothing) with the purpose of requesting Blessings for Protection & Guidance from the Maya Guardians of all the sacred sites we will be visiting. During our time within the jungle, we will experience heightened perceptions of the "Otherworld" that still exists, and an expanded consciousness of our connection to Mother Nature. Visit to the archaeological site of Palenque with Miguel Angel. We suggest wearing white or any light color. Light clothing and comfortable walking shoes, mosquito repellent. Overnight Hotel Chablis Palenque. **B.**



October 23, 2024: Prepare for an early departure (05.30 a.m.) as we travel deep into the secluded Lacandon Jungle about 183 km southeast of Palenque along the Rio Lacanja to the Mayan archeological site of Bonampak which means "painted walls". For many years, the Lacandon Maya have served as the Guardians of this special site. Within three temples there are a series of highly-detailed, colorful drawings painted on the walls & roofs that depict historical Mayan scenes of dynastic ritual & warfare, and are among the best-preserved murals in the Maya world. On route we will stop for breakfast in Valle Escondido. Following our visit at Bonampak, we will continue to our hotel Escudo Jaguar by the Usumacinta River. We suggest wearing light clothing and comfortable walking shoes, mosquito repellent. Overnight Hotel Escudo Jaguar. **B & D.**



October 24, 2024: Check out, breakfast then will take the boats to visit the amazing city of Yaxchilan; the site truly is a magical place, it belongs to the Usumacinta basin, as do Palenque, Bonampak and Piedras Negras; so, all share frequency to Yaxchilan.

Following our visit, we will return to Palenque. We suggest wearing light clothing and comfortable walking shoes, mosquito repellent. Overnight Hotel Chablis Palenque. **B & L.**

October 25, 2024: This morning we return to the Lacandon Jungle in Palenque accompanied by Enrique Chan-K'in to perform a Special Healing Ceremony offering us a moment of stillness for profound inner reflection of the relationships with ourselves, one another & Mother Earth, and an opportunity to collectively process all that we have experienced together thus far. To close our day, we will visit the archaeological site of Palenque. Then we will stop for lunch before drive back to Villahermosa where our journey began. The evening will remain free to prepare for our return flights tomorrow.

We suggest wearing light clothing and comfortable walking shoes, mosquito repellent. Overnight Hotel Courtyard Villahermosa. **B & L.**

October 26, 2024: Transfer to Villahermosa airport.



Enrique Chan-Kin – SPECIAL GUEST

We are fortunate to have one of the direct descendants of the Maya Lacandon People accompany us as we visit Palenque, Bonampak and Yaxchilan. His name is Enrique Chan-Kin and is the grandson of Maya Lacandon, Chan-Kin the Elder, who lived in the jungle until his transcendence to the next dimension.



Journey to the Land of the Maya

The Waveform Continues

Registration Form

Registration and Release Form:

Name:

Address:

City:

State/Prov.:

Zip/PC:

Phone:

E-mail:

Emergency Contacts

1.

Number:

Name(s) Number(s):

2.

Number:

Total Registration Fee with Selected Accommodations:

*Nonrefundable deposit of \$500 due with Registration

*** Final date to Register July 31st 2024 ***

☐ **Single** Occupancy Fee: \$4150.00 US

☐ **Double** Occupancy Fee: \$3550.00 US

☐ I do not have a roommate but would like to be placed with someone from the journey. We will do our best to place you with another participant.

Female _____ Male _____

Small Group Experience Maximum 22 registrants!

Health / Medical condition(s) we should know about:



Journey to the Land of the Maya

The Waveform Continues

Waiver of Liability

By signing this document, I agree to hold **Light News Institute and all of its coordinators, Facilitators and Instructors, including but not limited to Dr. Richard Jelusich, Dr. Michelle Dexter and Deirdre Leighton** from liability relating to injuries, damages, costs, loss or expense (including without limitation, attorney fees) that may occur with any events related to the **Journey to the Land of the Maya, in Mexico October 20 to 26th 2024**. By signing this agreement, I agree to hold **Light News Institute, Dr. Richard Jelusich, Dr. Michelle Dexter and Deirdre Leighton** entirely free from any liability, regardless of whether injuries are caused by negligence.

Notice is hereby given that all arrangements made on behalf of participants are made by the organizers on the sole condition that the organizers shall not be held responsible for any injuries, death, accident, illness, delay, loss, damage, act of negligence, or irregularity. **Light News Institute** acts only in the capacity as agents for the participants in all manners connected with **Juan José Pérez Avila** (Custom trips, Transportation & Guide services) - accommodations, transportation whether by air, rail, bus, motorcar, boat or any other means. **Light News Institute and its' Agents** relieves itself of all responsibility for any damage occasioned by any cause.

I also acknowledge there may be risks involved in **travel, and any or all other activities I choose to participate in**. These include but are **not limited to bodily injury including death, theft, or injury from outside activities I chose and travel issues**. I agree to listen to my own body and work within my own limitations. If any movements hurt or are uncomfortable; **it is MY responsibility** to avoid discomfort or pain during exercise.

I swear that I am participating voluntarily and that all risks have been made clear to me. Additionally, I do not have any conditions that will increase my likelihood of experiencing injuries while engaging in this activity.

By signing below, I forfeit all right to bring a suit against **Light News Institute, Dr. Richard Jelusich, Dr. Michelle Dexter and Deirdre Leighton** for any reason. I will also make every effort to obey safety precautions as listed in writing and/or as explained to me verbally. I will ask for clarification and assistance when needed.

Journey to the Land of the Maya

The Waveform Continues

We **strongly** recommend purchasing Travel Insurance (Cancellation and Medical Insurance) to protect against cancellation fees and additional travel expenses that may incur before, after, or during your trip.

Required Documents

A valid passport must be held by each passenger traveling internationally and passport is valid for 6 months from your return date. Visas are required for entry into some countries and obtaining Visas is at the passenger's own expense. Please check with your local Embassy or Consulate of the country being visited, to learn about Visa requirements for your Nationality.



Journey to the Land of the Maya

The Waveform Continues

Included in the Journey: What is Included or Not?

Let us start with Registration Fees:

- \$500 non-refundable registration fee, from the total advertised journey amount
 - Single total fee: **\$4150.00 US**
 - Double total fee: **\$3550.00 US**

Included with Registration are:

- *Transportation in air conditioning vehicle.
- *Taxes and toll roads.
- *Hotel accommodation according to the itinerary.
- *Meals according to itinerary.
- *Entrance fee to the sites listed.
- *Transfer in/out to Villahermosa airport.
- *Tips for bellboys, chambermaids, waiters.
- *Bilingual driver-guide.
- *Expenses for driver-guide.
- *Walk to the jungle with Enrique.
- *Miguel Angel teachings and expenses in the same plan of meals as the group.
"Juan José Pérez Avila. Custom trips, Transportation & Guide services"

Items not included in Fees:

- Visa and passport charges
- Flights and Departure taxes
- Gratuities (recommended \$60 USD for the guide services)
- Extra meals/snacks not included
- Items of a personal nature (i.e. alcohol, drinks, telephone calls, personal clothing)
- Emergency Evacuation
- Personal travel insurance
- Any item that is not specified as being included

Journey to the Land of the Maya

The Waveform Continues

Reservations and Cancellation Policies:

Reserve your space on this limited space journey of only 22 participants!

\$500.00 U.S. Deposit accepted by: Check/ Money Transfer/ PayPal/ Zelle/ Venmo

Checks payable to: Light News Institute, 973 Bel Air Drive E, Vista, CA, 92084 Attn: Dr. R. Jelusich

The Deposit is non-refundable:

Should you cancel your reservation 3 months or more before the start of the journey, you may apply your deposit toward another event offered by **Light News Institute**, occurring within 12 months from the date of the initial journey you registered for.

Check Website www.lightnews.org

Full Payment:

When you reserve, you may either pay in full or pay the deposit. Upon receipt of your payment, we will send you a receipt and invoice for the balance, if owing. Full payment is due September 1st, 2024 unless otherwise noted. You may pay with PayPal, check, bank draft or transfer; refer to above.

***Please note** that there will be *no refunds or discounts* in the event of late arrival, leaving early, flight cancellations, travel delays or illness. If you cancel your participation in a journey for any reason, the cancellation policy below will apply, with no exceptions. We wish we could compensate people for unforeseen circumstances (injury, family emergency, etc.), but we have costs already incurred when reserving **Juan José Pérez Avila** and arranging travel. We have designed our cancellation policy to be as compassionate as possible in the event that your plans change, yet to protect yourself further, we strongly encourage you to **purchase travel insurance**.

If YOU Cancel the Journey:

3 months or more prior to the start of the journey, you receive: 100% credit of the cost of the full journey, less the \$500 Non-Refundable Deposit. You can use this credit towards another Journey or Event with Light News Institute within 12 months.

August 1st to October 20th, 2024 -prior to the start of the journey: **NO** refunds or credits will be given. To cancel, you must send an email stating that you wish to cancel from the journey/ event to: info@lightnews.org

If WE Cancel the Journey:

If we cancel a journey due to too few participants, we will refund to you all deposit and payments you have paid; less credit card / PayPal and or Bank processing fees. We cannot, however, compensate you for air or travel costs incurred. In the unlikely event that Light News Institute must cancel a journey / event due to weather, natural disaster or political upheaval, we cannot guarantee a refund – it will be dependent on receiving a refund from **Juan José Pérez Avila**. To cover these risks, we highly recommend you purchase travel insurance.



The information contained in this document is correct to the best of the organizer's knowledge, but the organizer accepts no liability for any inaccuracies therein.

Mexico does not have a COVID requirement at this time – but please check with your own country for any restrictions or requirements for re-entry.

Payment Methods:

I have read and acknowledge receipt if all provided information:

☐ (Initial) This General Information Registration Package

☐ (Initial) Items to Bring Along List (below)

I, _____ fully **understand and agree** to the above terms and conditions.

(Participant Signature)

(Date)

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Included in the Journey: What is Included or Not?

Let us start with Registration Fees:

- \$500 non-refundable registration fee, off of the total advertised journey amount

Included with Registration are:

- Transportation in air conditioning vehicle. "Juan José Pérez Avila. Custom trips, Transportation & Guide services"
- Taxes and toll roads.
- Hotel accommodation according to the itinerary.
- Meals according to itinerary.
- Entrance fee to the sites listed.
- Transfer in/out to Villahermosa airport.
- Tips for bellboys, chambermaids, waiters.
- Bilingual driver-guide.
- Expenses for driver-guide.
- Walk to the jungle with Enrique.
- Miguel Angel teachings and expenses in the same plan of meals as the group.

Items not included in Fees:

- Visa and passport charges
- Flights and Departure taxes
- Gratuities (recommended \$60 USD for the guide services)
- Extra meals/snacks not included
- Items of a personal nature (i.e. alcohol, drinks, telephone calls, personal clothing)
- Emergency Evacuation
- Personal travel insurance
- Any item that is not specified as being included

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What to Bring/Pack

1. Valid Passport with photocopy (store separately from passport), flight information and airlines
2. Emergency contact numbers and insurance information, including travelers insurance
3. Money Belt that will fit under your clothes (waist or neck)
Cash, Credit Cards, Debit Card (your preference)
4. *Canadian Travelers: Mexican pesos can be exchanged at the airport or at your local bank – be certain to bring what you may need or a credit card (notify your credit card company you are traveling to Mexico)
5. Zip-lock bags for storage
6. Journal (optional) & ink pens - a few extra!
7. One suitcase on rollers (if you have it), with locks; bring an extra set of keys!
8. Daypack for your daily needs
9. Travel alarm (with extra batteries)
10. Sunglasses and Sun Hat/Sun Visor, Sunscreen (30 strength!), body and lip moisturizer, Insect repellent
11. Flashlight (with extra batteries)
12. Extra pair of eyeglasses or contact lenses, if you wear them
13. Vitamins, herbs, essential medications etc. that you take daily
14. Aspirin, Pepto-Bismol or Immodium AD, Oil of Oregano, Grape Seed Oil,
15. Acidophilus (as you see fit)
16. Hiking Sandals; sturdy walking shoes as a second pair – trails can be sand or gravel
17. Comfortable, casual pants, capris, and shorts. Shirts & t-shirts. Light cotton is best.
18. One white outfit or something white (if possible) for our day with ceremony.
19. Light jacket or sweater – the evenings can be cool
20. A light rain poncho (optional)
21. Camera ☺
22. Here is a weblink to check out the weather - <http://www.accuweather.com> Usually about 80°F high 60°F low