



# Light News Institute<sup>©</sup>

## Richard Jelusich, Ph.D.

### Flower Reading Guidelines



#### What is a Flower Reading?

Flower readings are held to teach self-empowerment and self-trust through the medium of flowers. Flowers are read one by one in a group setting (although we are all on Zoom) based on the energies you have imbued them with. Dr. Jelusich does not know who brought which flower – the process is anonymous, which is what makes it so powerful!

***Dr Jelusich provides information that is accurate for the individual, often including surprising elements about their true nature. The readings are about 10 minutes each and includes energy medicine healing work.***

Flower Readings are designed to reveal your connection to all things and to show how your energies are imparted wherever you go. Most importantly, flower readings are to teach you that your own intuition works perfectly and trusting it more through faith will reveal a deeper path for you.

The depth of the information is as intimate and precious as is possible to convey in a group setting. Information is a minor part of the experience, as 95% of all communication is energy; it is neither physical nor verbal.

#### **Flower Readings assist individuals by offering:**

- A greater understanding of how your true spiritual self continually communicates energetically.
- Deeper insights into your character/challenges in this lifetime.
- Practical 'how to' advice on issues or challenges relevant to you.
- Spiritual healing/empowerment. Your reading information is recorded for your future use.

#### **Benefits of a Flower Reading:**

There are many effects experienced at flower readings that are emotional, mental, and spiritual; not merely physical, because subtle energy medicine works on all four archetypes of our being and distance is no factor. The energy of consciousness affects a person on a deep, sublime level of their being, and emerges in many forms with time, perhaps with a new understanding and reverence for those things that are not physical, but as real as anything physical.

#### **What should you do:**

1. Choose a single flower from the garden or a florist. Asking permission to use the flower is honoring it. Hold the flower for a time, either in prayer or meditation. It will hold your unique "signature" of energies. It is important to not allow anyone to touch your flower.
2. Please hold any questions or comments during the flower readings until Dr. J has finished the last one and we can group chat.



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### IN PERSON

- Please do not let Dr. Jelusich see your flower – keep it anonymous.
- There will be a table for you to set your flower on. Do not touch or let it touch any other flowers
- After all flowers are set down on the table, Dr. Jelusich will then enter the room to begin the Flower Reading
- The entire Flower Reading will be recorded for you and sent to you afterwards

### ONLINE ZOOM Guidelines

- Once you register, you will be sent a Zoom link for the Flower Reading
- Please logon early to make sure your connection works and we can start on time. If you are unfamiliar with Zoom, we can set up a practice time with you.
- Please refrain from consuming alcohol or non-prescription drugs during the flower reading.
- **Option 1 Several people attending Online Zoom:**
  - In this case, you will send a photo of your flower that you have held/meditated with in advance to [info@bamboogardenwellness.com](mailto:info@bamboogardenwellness.com). Our assistant will remove all identifying information and forward the photo to Dr. J.
  - Please make sure you send in your flower a day ahead of time or sooner, if possible.
  - Dr. J will then do reading/energy work with each flower, not knowing who he is reading
  - Each reading is recorded and all recordings made available to you afterwards.
- **Option 2 Hosting your own Group:**
  - When the laptop webcam is pointed down at the flower, the participant cannot see their own screen.
  - Place your flower in a manner that Dr. J can see the flower, but not you.
  - We recommend the use of a separate webcam or having the flower propped up in front of the webcam and the attendee sits off to the side, out of camera view so Dr. J could not see the participant, only the flower.
  - Please mute your microphone once the readings have begun so that there is no interruption or background noise
- Dr. J will be making a Zoom recording of the entire flower reading and an audio-only recording for your use.
- At the end of the evening, if you wish to be seen, please do turn on your camera. You can comment/ask questions about your flower reading if you wish. You do not have to tell Dr. J which flower is yours.